



The Youth Committee

USATF – San Diego Imperial Association



Sponsors

San Diego Future Stars Elite Meet

Saturday, May 30, 2015

San Diego High School

1405 Park Boulevard, San Diego, CA 92101



Age Divisions	Birth Year
6 & Under	2009+
7 – 8 years old	2007 – 2008
9 – 10 years old	2005 – 2006
11 – 12 years old	2003 – 2004
13 – 14 years old	2001 – 2002
15 – 16 years old	1999 – 2000
17 – 18 years old	1997 – 1998



AGE DESIGNATION: USATF determines age based upon an athlete’s age as of December 31st. The Future Stars Program is for ages 7-8 thru 13-14. For this competition San Diego Imperial has added other age divisions. An athlete must compete in their own age division.

REGISTRATION: On-line registration at www.coacho.com must be completed by **6:00AM on Friday, May 29, 2015**. There will be no same day registration. Modification to registered entrant(s) after the deadline is subject to lane or flight availability and will incur a \$5 change fee. Changes can be requested at the press box between **10:30AM** and **11:30AM** on the day of meet.

EVENTS: Participants are limited by age and events in which they may compete. 6 and under through 11-12 age divisions may only compete in a maximum of three events(s). All other divisions may compete in a maximum of four events. Future Stars Elite events are for the 7 – 8 through 13 -14 age groups only. Refer to Schedule of Events for the complete contested events as non-Future Stars events will be contested and vary by age groups.

FUTURE STAR ELITE EVENTS:

Ages 7 – 8 100m, 200m, 400m, 800m, , Standing Broad Jump, Turbo Javelin

Ages 9 – 10 100m, 200m, 400m, 800m, 1500m run, 1500m race walk, Standing Broad Jump,

Ages 11 – 12 100m, 200m, 400m, 800m, 1500m run, 1500m race walk, Standing Broad Jump, Turbo Javelin

Ages 13 – 14 100m, 200m, 400m, 800m, 1500m run, 1500m race walk, Standing Broad Jump, Turbo Javelin



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ENTRY FEE: There is no entry fee. A change fee will be assessed payable in cash only.

WAIVER: A participant waiver is required prior to participation. The anticipated waiver form will be available on line via the on line registration process. Please print and bring to the meet.

AWARDS: Future Stars Event medals will be given to the top three finishers in the 7 – 8 age through 13 – 14 age divisions only. A participation ribbon/certificate will be given to all athletes.

ADVANCEMENT: Four athletes (two boys and two girls) who win their events in the 7 – 8, through 13 – 14 age divisions are eligible for selection to receive a free trip to compete at the 2015 USATF Hershey Youth Outdoor Championships, June 30 – July 5 in Lisle, Illinois. An athlete competing in the standing broad jump will be entered in the long jump at the championship meet. An athlete competing in the 1500 Meter Race Walk or Turbo Javelin, 13-14 age division will compete in the 3000 Meter Race Walk and Regulation Javelin respectively at the championships. For more information visit, <http://www.usatf.org/About/Community/Future-Stars-Meets.aspx>.

FACILITY: The track is a nine lane, all weather surface, which includes the long and triple jump approaches. 3/16 inch **Needle Spikes** only allowed on running/jumping surfaces. All spikes will be checked before competition. Athletes not wearing the proper spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes. Canopies are restricted to the top rows only, please secure them.

FACILITY ACCESS: The warm-up area is reserved for athletes & coaches only. Parents are not allowed on the infield or other competition areas.

SANCTION: The meet is sanctioned by USATF – San Diego Imperial Association.

PACKET PICK-UP: Team and individual entry information and meet schedule will be available one hour prior to the start of the meet. Packets can be picked up at the press box.

COMPETITION: Athletes competing in running events must report to the Clerk of the Course on or before the 3rd call for the event or they will be scratched. An athlete competing in a field event must report directly to the event. When a field event call occurs near or at the same time as an athlete's running event then the athlete must check in with the field event official prior to leaving the area for their running event(s). An athlete will have 10 minutes to return after the completion of the running event. All running events will be timed finals. All field events will be given four attempts.

COACH'S MEETING: A coach's meeting will be held at 11:30 AM.

RESULTS: Meet results will be posted on the youth page at www.sdusatf.org.

MEET DIRECTOR: Elizabeth Tate, Youth Committee Vice Chair, 619.665.7925, flojo99@cox.net



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Schedule of Events

Running and Field Events begin at 12 Noon



Running Events

(Girls will compete first followed by boys unless otherwise noted)

4 X 100 Meter Relay	6 &U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
1500 Meters	9-10, 11-12, 13-14, 15-16, 17-18
110 Meter Hurdles	15-16 (B), 17-18 (B)
100 Meter Hurdles	15-16 (B), 17-18 (B)
80 Meter Hurdles	11-12
400 Meters	All Divisions starting with 6 & U thru 17-18
Race Walk	9 – 10, 11 – 12, 13 – 14 (May be combined)
100 Meters	All Divisions starting with 6 & U thru 17-18
800 Meters	All Divisions starting with 6 & U thru 17-18
200 Meters	All Divisions starting with 6 & U thru 17-18

Field Events

(Boys will compete first followed by girls of the same division)

Shot Put	15-16, 17-18, 6&U, 7-8, 11-12, 9-10, 13-14
Discus	11-12, 13-14, 15-16, 17-18 (contested after Shot Put)
Long Jump	6&U, 7-8, 11-12, 9-10, 15-16, 17-18, 13-14,
Standing Broad Jump	13-14, 11-12, 7-8, 9-10
Triple Jump	15-16, 13-14, 17-18 (contested after Long Jump)
Turbo Javelin	9-10, 6&U, 13-14, 7-8, 11-12
High Jump	11-12, 13-14, 9-10, 15-16, 17-18

To learn more about the USATF Future Stars Program visit: <http://www.usatf.org/futurestars.aspx>