

# San Diego



## RoadRunners Developmental Meet

- Date:** March 15<sup>th</sup> 2014 (Rain or Shine)
- Time:** 8 a.m. (First call 7:30 am track events & 7:30 am field events)
- Location:** Orange Glen High School  
2200 Glenridge Dr.  
Escondido, Ca 92027
- Concession:** A full concessions will be available
- Package Pick-up:** Concessions Stand (starting @ 7:00 am)
- Meet Director:** Mike Mena  
[sdrrxc@gmail.com](mailto:sdrrxc@gmail.com)
- Asst Meet Dir:** David Lay
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is a nine lane all weather surface, including the long and high jump approaches. Two shot put rings and one discus ring; 2 long jump pits and one high jump pit. 3/16 needle spikes are the maximum allowed. **(NO PYRAMID)** All spikes will be checked for the appropriate spikes and athletes not wearing the 3/16 needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes. **(NO PYRAMID)** **Canopies are restricted to the top rows only**, please secure them.
- Implements:** Please bring your own marked implements
- Warm up Area:** We will be using the open field behind the stands infield will be closed

- Entry Fees:** \$7.00 per athlete. Entry fees must be paid before the athlete competes. Please pay with club check, money order or cash. **NO PERSONAL CHECKS**  
Participants and clubs may pay the day of the meet when they pick up their package, or they may mail their entry fees to:  
**San Diego RoadRunners, 2700 E Valley Pkwy #249, Escondido, Ca 92027**
- Registration:** Register online at: [www.coacho.com](http://www.coacho.com) on-line registration will close at 11:59 pm on March 13<sup>th</sup>.
- First Aid:** First Aid will be available and located in a designated area.
- ELIGIBILITY:**  
8 & under (previously Sub-bantam) 2006 and Later  
9 - 10 (previously) Bantam 2004 - 2005  
11 - 12 (previously Midget) 2002 - 2003  
13 - 14 (previously Youth) 2000 - 2001  
15 - 16 (previously Intermediate) 1998 - 1999
- Event Limitations:** 8 & under thru 11- 12 are limited to **three** events.  
13 & above are limited to **four** events
- Awards** **Ribbons 1<sup>st</sup> through 5<sup>rd</sup> place and** participation ribbons to all others
- Check-in:** **Running Events:** Report to the clerk when the event is called. Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area. Field event athletes must report directly to the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event.
- Field Events:** Report directly to that event when the event is called. Two calls will be given for each event. All athletes will be given 4 attempts.  
**No other jumps or throws after those attempts**
- Coaches Meeting:** At **7:45** A.M. will be held in the center of the infield
- Community:** Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.
- Meet Results:** Well be posted at: [www.scurr-sd.com](http://www.scurr-sd.com) results will also be posted on the Association's website located on the youth page at [www.sdusatf.org](http://www.sdusatf.org)  
**All running events will running be fully automated timed with the use of Eagle Eye Timing System**

**The Start of Each Race May Vary Depending Upon Entrants in Each Event**

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## RoadRunners

### Schedule of Events

Track Events – First Call    a.m.    Track Events – Start Time    8:00 a.m.

#### RUNNING EVENTS:

#### DIVISIONS:

- |                                       |                   |
|---------------------------------------|-------------------|
| 1. 1500 meter run                     | All Divisions     |
| 2. 1500 meter walk                    | 9-10G/B, 11-12G/B |
| 3. 80 m Hurdles                       | 11-12G/B          |
| 4. 200 meters                         | All Divisions     |
| 5. 800 meters                         | All Divisions     |
| 50 meter Lollipop Race Ages 6 & below |                   |
| 6. 400 meters                         | All Division      |
| 7. 4 x 100                            | All Divisions     |

Field Event – First Call    7:30 a.m.    Field Events – Start Time    8:00 a.m.

- |                  |  |
|------------------|--|
| <b>Long Jump</b> | 13-14B, 13-14G, 8 & Under G, 8 & Under B, 15-16G, 15 -16B,<br>9-10G, 9-10B, 11-12G, 11-12B |
| <b>Shot Put</b>  | 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B,<br>8 & Under G, 8 & Under B, 9-10B, 9-10G  |
| <b>Discus</b>    | 15-16G, 15-16B, 11-12G, 11-12B, 13-14G, 13-14B   |