

# 2013 USATF San Diego Imperial Association Junior Olympic Track & Field Championships



Saturday & Sunday, June 8 & 9, 2013

Orange Glen High School

2200 Glen Ridge Road, Escondido, CA 92027

**REVISED 5/31/13 @ 5:39AM** 

### Age Divisions & Eligibility & Requirements

	Age Divisions
* 8 & Under	(2005 & Later)
9 – 10 year old	(2003 - 2004)
11 – 12 year old	(2001 - 2002)
13 – 14 year old	(2001 - 2002)
15 – 16 year old	(1997 – 1998)
**17 – 18 year old	(1995 – 1996)

<sup>\*</sup> Athletes in this division are welcomed to compete. Per USATF Rule, Article VI, Section I, Rule 300.1(c), "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

<sup>\*\*</sup>Per USATF Rule, Article VI, Section I, Rule 300.1(d), "Athletes who are still eighteen (18) years of age through the final day of the National Junior Olympic Track and Field Championships shall be eligible to compete in the Young Men's and Young Women's division through that meet."



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF rules for more information and exceptions. A competitor must compete in his/her age division only. Competitors in the 8 and under through 11-12 year old divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13-14 through 17-18 divisions may compete in a maximum of four (4) events, including relays. All athletes must be registered 2013 members of USATF in good standing. An athlete competing in a Multi-Event is advised the event will not count towards their maximum number of events.

**Relay Teams:** Only registered 2013 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

#### **ENTRY PROCESS:**

Only athletes who are registered and current members in good standing with USATF may compete. USATF membership can be completed on line at <a href="https://www.usatf.org">www.usatf.org</a> or by completing an application form at the USATF San Diego-Imperial Association Office (1511 Morena Blvd. San Diego, CA 92110), Phone 619 275-6542. The office is closed on the weekends.

On-Line Registration: Entry shall be completed on line and must be received by 8:00AM on Friday, June 7, 2013. To enter the meet go to www.coacho.com and select the meet.



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**Entry Changes:** Coaches, unattached athletes and parents should carefully review their entry confirmation received via email from Coach O as well as the meet information and schedule. Changes can be made on line without penalty before the entry deadline.

Late Entry: There will be no provision to register on the day of the meet or make event changes.

#### **ENTRY FEE:**

Individual Entry: \$6.00 per event Relay Entry: \$24.00 per relay team

### **MULTI-EVENT ENTRY FEE:**

The Multi-Events will not be contested at this meet; however, athletes wishing to compete must register for the event on line via Coach O and pay the regional fee according to the fee schedule below.

Decathlon & Heptathlon \$20.00 Triathlon & Pentathlon \$15.00

Entry fees must be paid prior to athlete participation. Entry Fees must be paid on line at the time of registration with an accepted major credit card of electronic check. Teams/unattached athletes will incur a processing fee. The fee is the responsibility of the team and/or athlete. The San Diego Imperial Association does not collect or receive this fee.

**PROOF OF AGE:** All athletes <u>must</u> have their age verified prior to registering on the online system (<u>www.coacho.com</u>). All athletes who have not satisfied this requirement may mail or fax proof of age or visit the San Diego-Imperial Office at 1511 Morena Blvd. San Diego, CA 92110. In any case, proof of age must be received and entered into the national membership database prior to the close of registration (see USATF Rule 3001. (i). You should allow sufficient processing time for data entry into the national membership database.

Per USATF Rule 300.1.(i), acceptable proof of age shall be a copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. No other proof will be accepted. No exceptions.

**WAIVER & RELEASE**: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

**EVENT WAIVER:** Per USATF rule 305.1.(f), an athlete who does not compete in the Association Championship due to "extraordinary circumstances" may be advanced to the Regional meet provided the athlete does not displace any athlete competing at the Association Championship and does not exceed the Association's allocation to the Regional meet. A written request must be made in writing to the Meet Director via email or submitted in person by **Noon on Saturday, June 8, 2013** for consideration. An athlete seeking a waiver must register on line. Fees as scheduled will be imposed and must be paid prior to participation in the Regional Meet. See USATF rule 305.2 for other allowances into the Regional and National Junior Olympic Championship Meets.



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**AWARDS:** USATF Association Junior Olympic medals will be awarded to the top three individuals and top three relay teams in each event of each age division. Ribbons will be awarded to overall finishers for  $4^{th} - 8^{th}$  place.

**YOUTH AWARD PRESENTATION CEREMONY:** A special award presentation ceremony will be held during the meet on Saturday to honor the 2012 San Diego-Imperial Association's Youth Athletes of the Year in Cross Country and Track and Field.

ADVANCEMENT: The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 15 Junior Olympics Championships to be held on June 21-23, 2013 at the University of Nevada Las Vegas (June 21<sup>st</sup>) and Sierra Vista High School (June 21 – 23) in Las Vegas, Nevada. Individuals and relay teams must declare their intention to compete by registering on line at <a href="https://www.coacho.com">www.coacho.com</a> by the established timeline. Individuals and relay teams that finish in non-advancement positions may still qualify for advancement to the regional meet should a qualified individual or team not declare to participate. To gain advancement by this manner into the regional meet then an athlete's coach/representative must do so during the "scratch period" by also going to <a href="www.coacho.com">www.coacho.com</a>. On-line payment of entry fee will be required. Payment of entry fee(s) for the USATF Region 15 Junior Olympic Championships must be paid on line. Refer to the Regional Meet Information Flyer posted on the youth page at <a href="www.sdusatf.org">www.sdusatf.org</a> or <a href="www.nevada.usatf.org">www.nevada.usatf.org</a> for specific information on how to register and the deadlines. Failure to declare for the regional meet by the established timelines will result in automatic ineligibility to compete at the regional championships. The entry fee is \$7.00 per individual event and \$28.00 for relays.

**PACKET PICK UP:** Teams and Unattached athletes may pick up their packet at Orange Glen High School on the following dates and times:

Saturday, June 8<sup>th</sup> 7:15 AM – 9:00 AM Sunday, June 9<sup>th</sup> 7:45 AM – 8:30 AM

Coaches and/or athletes arriving after these times must contact on site meet management.

**EVENT CHECK-IN:** Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. Bid Numbers will be placed in team or unattached athlete packets. The replacement cost for a lost bid is **\$3** payable by cash only to meet management.

**COACH'S MEETING:** A coach's meeting will be held on Saturday, June 8, 2013 at 7:45AM.

**EVENT RESULTS:** During competition, event results will be posted. In addition, event results will be posted on the youth page at **www.sdusatf.org**.

**PROTESTS:** There will be a **\$50.00 cash only** fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced or published. The protest fee will be refunded if the protest is upheld.



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**FACILITY:** The track is a nine lane all weather surface. 3/16<sup>th</sup> needles spikes are required on the track and runways (high jump, long jump, triple jump and pole vault.) Spikes are subject to inspection prior to an athlete's participation. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. Canopies are restricted to the top rows of the stadium and other designated places as established by meet management. The mini-javelin will be conducted on a synthetic grass surface. The javelin will have a grass runway approach. The facility includes two shot put rings, one discus ring, two long/triple jump pits and a high jump pit.

**RULES – CONDUCT & FACILITY:** The meet is sanctioned by USATF. USATF rules will apply at this competition. All athletes and spectators are expected to abide by rules as established by the Games Committee and Orange Glen High School. Smoking and alcohol is prohibited on school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Athletes must warm-up in the designated warm-up area(s).
- Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid and lower areas of the stadium as they impede spectator views.
- No food or drink other than water is permitted on the track infield.
- No sunflower seeds or shelled nuts are permitted in the stadium seating.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Recreation Vehicles (RVs) must park in pre-designated areas as determined by meet management.

Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.

**EVENT MERCHANDISE:** Commemorative clothing (Tee Shirts, Sweatshirts, etc.) will be available for purchase.

**VENDOR BOOTH:** Vending opportunities are available by contacting <a href="mailto:youth@sdusatf.org">youth@sdusatf.org</a>. All vendors must be approved by the Youth Chair before operating on school grounds.

**CONCESSION:** A concession stand will be operated by a registered San Diego Imperial Association Youth Club.

For Questions Contact: Michael Adkins, Youth Chair, San Diego Imperial Association

Meet Director

Phone: 619. 871.6836 E-mail: <a href="mailto:youth@sdusatf.org">youth@sdusatf.org</a>

### 2013 Association Junior Olympic Championships **MEET SCHEDULE**

Saturday, June 8, 2013 8:30 AM; 1<sup>st</sup> call 8:00 AM for first running and field events of the day.

### **Running Events**

1500 Meter Run	(Final)	All divisions starting with 8 & Under Girls – 17-18
400 Meter	(Semi-Final)	All divisions starting with 8 & Under Girls – 17-18
100 Meter	(Semi-Final)	All divisions starting with 8 & Under Girls – 17-18
3000 Meter Race Walk	(Final)	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b
1500 Meter Race Walk	(Final)	9-10g, 9-10b, 11-12g & 11-12b
110 Meter Hurdles	(Final)	15-16b & 17-18b

13-14b, 15-16g, 17-18g, 13-14b 100 Meter Hurdles (Final)

80 Meter Hurdles (Final) 11-12g & 11-12b

### 2012 Athlete of the Year Award - Cross Country & Track & Field Presentations

(Semi-Final) All divisions starting with 8 & Under Girls – 17-18 (Final) 11-12g through 17-18b (Semi-Final) All divisions starting with 8 & Under Girls – 17-18 All divisions starting with 8 & Under Girls – 17-18 4 X 100 Meter Relav

4 X 800 Meter Relay

200 Meter

### **Field Events**

Mini-Javelin	11-12g, 11-12b, 8&Ug, 8&Ub, 9-10g, 9-10b
Long Jump	17-18g, 17-18b, 15-16g, 15-16b, 11-12g, 11-12b
	9-10g, 9-10b, 8&Ug, 8&Ub, 13-14g, 13-14b
Shot Put	9-10g, 9-10b, 13-14g, 13-14b, 11-12g, 11-12b
Discus	15-16g, 15-16b, 17-18g, 17-18b

Sunday, June 9, 2013 9:00 AM; 1st call 8:30 AM for first running and field events of the day.

### **Running Events**

3000 Meter Run	(Final)	Starting with 11-12g through 17-18b
400 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
100 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
400 Meter Hurdles	(Final)	15-16g, 17-18g, 15-16b, 17-18b
200 Meter Hurdles	(Final)	13-14g, 13-14b
4 X 100 Meter Relay	(Final)	All divisions starting with 8 & Under Girls – 17-18
800 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
200 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
	4 X 100 Meter	(Parent/Coach Relay)
4 X 400 Meter Relay	(Final)	All divisions starting with 8 & Under Girls – 17-18

### **Field Events**

High Jump		17-18g, 17-18b, 15-16g, 15-15b, 13-14g, 13-14b,
		11-12g, 11-12b, 9-10g, 9-10b
Shot Put		15-16g, 15-16b, 17-18g, 17-18b, 8&Ug, 8&Ub
Discus		11-12g, 11-12b, 13-14g, 13-14b
Triple Jump		17-18g, 17-18b, 15-16g, 15-16b, 13-14g, 13-14b
Javelin	(Contested after the YB Discus)	17-18b, 17-18, 13-14g, 13-14b, 15-16bg, 15-16b
Pole Vault	(11AM Start Time)	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b

The Hammer Throw & 2000 Meter Steeplechase competitions will not be contested at the San Diego Imperial Association Meet, but may be contested (if approved) at the Southern California Association Championships. All throwers and steeplechasers must register and pay the entry fee for advancement to the regional meet. Pole Vault athletes will be waived to the regional if less than 8 competitors in a division or if arrangements can be made with compete at an alternate site. Competitors will be noticed by email if an alternate site becomes available. Pole vault competition(s) must officially register and pay entry fee for advancement. Multi Events will not be conducted at the Association Championships. Athletes must register for a multi-event, which will not count against the maximum number of events. Athletes will be waived to the Regional Meet, but they must declare their intention to participate and pay the entry fee. Contact the Meet Director for additional details. Two Long/Triple Jump pits will be operational for boys and girls. If a semi-event has less than nine competitors then the event will be contested as a final (see except for 4x100 meter relay). The 4x100 Relay Semi-Final will be run on Sunday if there are less than nine teams in a division.