



4th ANNUAL ALL-COMERS DEVELOPMENTAL MEET

HOSTED BY: Mercury San Diego Track & Field Club

DATE: March 23, 2013

SITE: Mount Miguel High School
8585 Blossom Lane
Spring Valley, CA 91977

STARTING TIME: 7:00AM PACKET PICK-UP
8:00AM FIELD AND RUNNING EVENTS

MEET DIRECTOR: JAMES TOWNSEND
ASSISTANT MEET DIRECTOR: EDWARD FORD JR.

ELIGIBILITY:

Boys and Girls in the following Divisions:	
8 & ↓	2005-
9 - 10	2003-2004
11 - 12	2001-2002
13 - 14	1999-2000
15 - 16	1997-1998

Limitation: **8 & ↓** thru **11 - 12** are limited to **three** events. **13 & above** are limited to **four** events.

Surface: All weather Track and Runaway only **3/16 Needle spikes** (no pyramid spikes) will be allowed.

Registration: Will be open on Coach O at www.coacho.com on Monday, March 18th, 2013 & closed on 11:59pm Thursday, March 21st, 2013

Entry Fee: \$5.00 per athlete. Team entries are to be paid in cash or club check when picking up your packet. Unattached entries to be paid in cash or money order (**NO PERSONAL CHECKS WILL BE ACCEPTED**).

LATE Registration will be restricted to 7:00 a.m. to 8:00 am on Saturday with an additional cost of \$3.00

AWARDS: Ribbons for all Flights

CONCESSION: Food and drinks will be available for purchase.

MEET RESULTS: Will be provided On-Line under www.sdusatf.org/youth.html

CHECK-IN: All Participants must check in at the Clerk of the Course when their events are called. Field event Participants must report directly to the official on the field in charge of the event when called.

MEET WILL TAKE PLACE RAIN OR SHINE

RUNNING EVENTS START TIME: 8:00 A.M.

400M Dash	ALL DIVISIONS
1500M RUN	9-10 (G&B), 11-12 (G&B), 13-14 (G&B), 15-16 (G&B)
100M Hurdles	13-14 (B&G)
100M Dash	8 & ↓ ONLY
800M RUN	ALL DIVISIONS
Lollipop Race	Ages 6 & below and not currently on a team
200M Dash	ALL DIVISIONS
4X100M RELAY	ALL DIVISIONS

FIELD EVENTS- START TIME: 8:00 A.M.

Long Jump	11-12(G, B), 13-14 (G, B), 9-10(G, B), 8 & ↓(G, B), 15-16 (G, B)
Shot Put	8 & ↓(G, B), 15-16(G, B), 9-10(G, B), 13-14(G, B), 11-12 (G, B)
Mini (Turbo) Javelin	9-10 (B, G), 11-12 (G, B), 8 & ↓ (G, B)

If there are any questions, please do not hesitate to *call (619) 263-5171 or email us @ EFord996400@aol.com*

SPECIAL NOTE:

**THIS IS A "B" MEET HAND TIME ONLY. TIMERS NEEDED
NO PETS, PEANUTS OR SUNFLOWERS SEEDS ALLOWED IN STADIUM.
NO FOOD OR GATORADE ALLOWED ON THE INFIELD. WATER ONLY**

All canopies MUST BE SECURED.