

San Diego-Imperial Association Junior Olympics
Cooss Country Championships
Kit Carson Park
November 21, 2013
Results

Event 1 2000 Meter Run CC 8 & Under Division Girls

| Name | Year | Team | Avg Mile | Finals | Points |
|------------------------|------|--------------------|----------|----------|--------|
| 1 Serrano, Arwen | 05 | San Diego Cheetahs | 7:22.6 | 9:09.93 | |
| 2 Garbrecht, Olivia | 05 | San Diego Wave Xtc | 7:43.5 | 9:35.95 | |
| 3 Hanson, Skylar | 05 | I.V.Suns | 7:54.2 | 9:49.26 | |
| 4 Acosta, Rhiannon | 05 | San Diego Wave Xtc | 8:53.7 | 11:03.18 | |
| 5 Sanchez, SiennaBella | 05 | I.V.Suns | 9:10.8 | 11:24.45 | |

Event 2 2000 Meter Run CC 8 & Under Division Boys

| Name | Year | Team | Avg Mile | Finals | Points |
|------------------------|------|--------------------|----------|----------|--------|
| 1 Workman, Brain | 05 | San Diego RoadRu | 6:42.7 | 8:20.35 | |
| 2 Abell, Quintin | 05 | San Diego Wave Xtc | 7:28.5 | 9:17.34 | |
| 3 Castillo, Mateo | 05 | San Diego Cheetahs | 7:43.2 | 9:35.60 | |
| 4 Romaine Gleim, Micah | 06 | City Track Club | 7:53.3 | 9:48.16 | |
| 5 Lemos, Kevin | 05 | Unattached | 8:00.2 | 9:56.67 | |
| 6 Romaine Gleim, Jakob | 06 | City Track Club | 8:37.3 | 10:42.81 | |

Event 3 3k Run CC 9-10 Division Girls

| Name | Year | Team | Avg Mile | Finals | Points |
|-------------------------|------|------------------|----------|----------|--------|
| 1 Nauman, Samantha | 04 | San Diego Aslans | 6:53.0 | 12:49.82 | |
| 2 Bheemarasetti, Daksha | 04 | Unattached | 7:34.8 | 14:07.79 | |
| 3 Sergeant, Summer | 03 | Unattached | 7:56.0 | 14:47.19 | |

Event 4 3k Run CC 9-10 Division Boys

| Name | Year | Team | Avg Mile | Finals | Points |
|------------------------|------|---------------------|----------|----------|--------|
| 1 Garvais, Kevin | 03 | San Diego Aslans | 6:24.5 | 11:56.70 | |
| 2 Mavhera, Junior | 04 | Unattached | 6:32.3 | 12:11.22 | |
| 3 Balazs, Cody | 03 | San Diego RoadRu | 6:32.6 | 12:11.75 | |
| 4 Devoux, Jose | 03 | I.V.Suns | 6:34.8 | 12:15.97 | |
| 5 Gadalla, Cameron | 03 | San Diego RoadRu | 6:38.8 | 12:23.31 | |
| 6 Romaine Gleim, Caden | 03 | City Track Club | 6:45.0 | 12:34.92 | |
| 7 Berry, Amaree | 04 | Flo-Jo Intenational | 6:59.0 | 13:01.01 | |
| 8 Sims, Kai | 03 | San Diego RoadRu | 6:59.6 | 13:02.14 | |
| 9 LaZelle, Adam | 03 | San Diego Wave Xtc | 7:11.9 | 13:25.04 | |
| 10 Robins, Camden | 04 | San Diego RoadRu | 7:28.8 | 13:56.56 | |
| 11 Serban, Gabriel | 03 | San Diego Cheetahs | 7:31.4 | 14:01.35 | |
| 12 Vaughn, Jake | 03 | San Diego Wave Xtc | 7:33.9 | 14:05.99 | |

Event 5 3k Run CC 11-12 Division Girls

| Name | Year | Team | Avg Mile | Finals | Points |
|--------------------|------|--------------------|----------|----------|--------|
| 1 Mahan, Olivia | 01 | San Diego Aslans | 6:07.8 | 11:25.53 | |
| 2 Small, Alysa | 01 | San Diego Cheetahs | 6:21.6 | 11:51.33 | |
| 3 Khatib, Yasmine | 01 | San Diego Aslans | 6:24.3 | 11:56.36 | |
| 4 Marquez, Dasha | 02 | San Diego Cheetahs | 6:36.1 | 12:18.35 | |
| 5 Brana, Jennifer | 01 | San Diego Aslans | 6:40.5 | 12:26.50 | |
| 6 Umsted, Lyndsey | 02 | San Diego RoadRu | 6:45.0 | 12:34.83 | |
| 7 George, Ava | 01 | San Diego Cheetahs | 6:50.6 | 12:45.33 | |
| 8 Kellerman, Grace | 02 | Eagles Wings Tra | 6:53.8 | 12:51.31 | |
| 9 Freeman, Jeana | 01 | San Diego Wave Xtc | 6:54.8 | 12:53.21 | |

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|----|------------------|----|--------------------|--------|----------|
| 10 | Mavhera, Danai | 02 | Unattached | 7:10.1 | 13:21.77 |
| 11 | Sanchez, Melissa | 01 | I.V.Suns | 7:33.8 | 14:05.84 |
| 12 | Gruen, Twyla | 02 | San Diego Cheetahs | 7:42.5 | 14:22.12 |
| 13 | Jonas, Tiana | 02 | San Diego Wave Xtc | 7:48.0 | 14:32.32 |
| 14 | Lo, Kaithlyn | 02 | San Diego Aslans | 8:11.8 | 15:16.77 |
| 15 | Norris, Laurel | 01 | San Diego RoadRu | 8:12.9 | 15:18.75 |

Event 6 3k Run CC 11-12 Division Boys

| Name | Year | Team | Avg Mile | Finals | Points |
|------|-------------------|-----------------------|----------|----------|--------|
| 1 | Wilson, Maxwell | 02 San Diego Wave Xtc | 5:50.0 | 10:52.32 | |
| 2 | Vargas, Miguel | 01 I.V.Suns | 5:59.5 | 11:09.99 | |
| 3 | Dickinson, Ian | 01 San Diego Cheetahs | 6:13.3 | 11:35.75 | |
| 4 | Fowlie, Hunter | 01 San Diego RoadRu | 6:15.4 | 11:39.72 | |
| 5 | Hess, Harrison | 02 San Diego Cheetahs | 6:21.3 | 11:50.74 | |
| 6 | Medrano, Jorge | 02 San Diego Wave Xtc | 6:40.7 | 12:26.90 | |
| 7 | Low, Charlie | 02 San Diego Wave Xtc | 6:45.6 | 12:36.10 | |
| 8 | Prince, Drake | 02 San Diego Cheetahs | 6:51.6 | 12:47.23 | |
| 9 | Gross, Justice | 02 City Track Club | 6:54.1 | 12:51.84 | |
| 10 | Marquez, Steven | 01 I.V.Suns | 7:11.2 | 13:23.68 | |
| 11 | Black, Samuel | 01 San Diego Wave Xtc | 7:13.7 | 13:28.31 | |
| 12 | Boen, Ethan | 02 Unattached | 7:15.0 | 13:30.88 | |
| 13 | Landa, Bryan | 02 I.V.Suns | 7:18.2 | 13:36.74 | |
| 14 | Rodriguez, Adrian | 01 I.V.Suns | 7:22.0 | 13:43.81 | |
| 15 | Gross, Jalen | 01 City Track Club | 8:29.9 | 15:50.49 | |

Event 7 4k Run CC 13-14 Division Girls

| Name | Year | Team | Avg Mile | Finals | Points |
|------|--------------------|-----------------------|----------|----------|--------|
| 1 | Masar, Carlene | 00 San Diego Cheetahs | 6:39.2 | 16:32.03 | |
| 2 | Benavides, Sabrina | 99 I.V.Suns | 6:49.2 | 16:56.85 | |
| 3 | Chapkis, Corinnie | 99 San Diego Aslans | 6:50.6 | 17:00.47 | |
| 4 | Tivadar, Alyssa | 00 San Diego RoadRu | 6:51.8 | 17:03.40 | 1 |
| 5 | Hodges, Francesca | 00 San Diego RoadRu | 7:07.7 | 17:42.82 | 2 |
| 6 | Jarvis, Olivia | 00 San Diego Wave Xtc | 7:29.8 | 18:37.86 | |
| 7 | McCraner, Bailey | 00 San Diego Wave Xtc | 7:33.1 | 18:46.12 | |
| 8 | Maas, Autumn | 00 San Diego Cheetahs | 7:38.5 | 18:59.41 | |
| 9 | Tedrow, Therese | 00 San Diego RoadRu | 7:43.3 | 19:11.52 | 3 |
| 10 | Manis, Samantha | 99 San Diego Cheetahs | 7:47.3 | 19:21.30 | |
| 11 | Groff, Hazel | 99 San Diego RoadRu | 7:56.7 | 19:44.78 | 4 |
| 12 | Meziere, Abigail | 00 San Diego RoadRu | 7:56.9 | 19:45.26 | 5 |
| 13 | Godarzi, Sophie | 99 San Diego Wave Xtc | 9:33.0 | 23:44.16 | |
| 14 | Wenzel, Jade | 00 San Diego Aslans | 10:49.8 | 26:54.96 | |

Team Scores

| Rank | Team | Total | 1 | 2 | 3 | 4 | 5 | *6 | *7 | *8 | *9 |
|------|-----------------------|------------|---|---|---|---|---|----|----|----|----|
| 1 | San Diego RoadRunners | 15 | 1 | 2 | 3 | 4 | 5 | | | | |
| | Total Time: | 1:33:27.78 | | | | | | | | | |
| | Average: | 18:41.56 | | | | | | | | | |

Event 8 4k Run CC 13-14 Division Boys

| Name | Year | Team | Avg Mile | Finals | Points |
|------|-----------------|-----------------------|----------|----------|--------|
| 1 | Prince, Donovan | 99 San Diego Cheetahs | 5:48.7 | 14:26.69 | 1 |
| 2 | Boone, Samuel | 99 San Diego RoadRu | 5:50.5 | 14:31.10 | 2 |
| 3 | Rintoul, Eric | 00 San Diego Cheetahs | 5:54.0 | 14:39.72 | 3 |
| 4 | Brana, Robert | 99 San Diego Aslans | 6:02.0 | 14:59.72 | |
| 5 | Serrano, Jose | 00 San Diego Cheetahs | 6:07.4 | 15:13.06 | 4 |
| 6 | Page, Jeffery | 99 San Diego Cheetahs | 6:13.8 | 15:28.94 | 5 |
| 7 | Munoz, Jose | 00 I.V.Suns | 6:21.6 | 15:48.28 | |
| 8 | LaZelle, Andrew | 00 San Diego Wave Xtc | 6:24.9 | 15:56.47 | |
| 9 | Aleshire, Gavin | 00 San Diego RoadRu | 6:28.3 | 16:05.10 | 6 |

| | | | | | | |
|----|--------------------|----|--------------------|--------|----------|----|
| 10 | Jamerson, Gregg | 99 | San Diego RoadRu | 6:28.5 | 16:05.56 | 7 |
| 11 | Worthen, Christian | 00 | San Diego RoadRu | 6:32.3 | 16:14.88 | 8 |
| 12 | Aries, Jacob | 00 | San Diego RoadRu | 6:41.0 | 16:36.53 | 9 |
| 13 | Nebel, Nicolas | 00 | San Diego Aslans | 7:01.7 | 17:28.12 | |
| 14 | Ingrande, Eric | 00 | San Diego Cheetahs | 7:09.8 | 17:48.22 | 10 |
| 15 | Sammartino, Vaughn | 00 | San Diego Wave Xtc | 8:04.1 | 20:03.12 | |
| 16 | Frain, Eddie | 00 | San Diego Wave Xtc | 8:13.0 | 20:25.16 | |

Team Scores

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Rank Team                               Total   1    2    3    4    5   *6   *7   *8   *9
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  1 San Diego Cheetahs                   23    1    3    4    5   10
    Total Time:  1:17:36.63
    Average:     15:31.33
  2 San Diego RoadRunners                 32    2    6    7    8    9
    Total Time:  1:19:33.17
    Average:     15:54.64
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Event 10 5k Run CC 15-16 Division Boys

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Name                               Year Team                               Avg Mile   Finals   Points
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  1 Hanley, Robinson                 98 San Diego Wave Xtc                   7:15.6    22:33.28
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