



International Friendship Games
Track & Field Meet
Sponsored by the City of Chula Vista
Saturday June 30, 2012

Start time: 8:00am

Location: Mater Dei High School
1615 Mater Dei Dr
Chula Vista, CA

Meet Director: Elizabeth Tate
(619) 665-7925
Flojo99@cox.net

Co-Meet Director: Michael Adkins
(619) 871-6836
nstepyouthtrack@sbcglobal.net

Directions: From the North
Take I-805 South
Exit Olympic Parkway Turn Left (east)
Turn right on La Media (south)
Turn Left (east) on Birch Road
Turn Left (north) on Mater Dei Drive

From the South
Take I-805 North
Exit Olympic Parkway Turn Right (east)
Turn Right on La Media (south)
Turn Left (east) on Birch Road
Turn Left (north) on Mater Dei Drive

Facility: 8-lane all weather track

Spikes: *No spikes over 3/16th will be allowed on the track or the runways*

Limitation: Sub-Bantam, Bantam and Midgets are limited to **3** events Maximum.
Youth and Intermediate are limited to **4** events maximum

Entry Fees: \$9.00 per athlete. \$12.00 per athlete for late entries. Entry fees are to be paid in cash or club checks at the event.

Deadline: All entries are due by midnight on June 28, 2012

Registrations: Registrations can be completed at coacho.com (No day of meet entry)

Confirmation: Please confirm your teams' attendance by; June 25, 2012 to ensure you team's inclusion in the event program. Please email your confirmation and team roster to hahaspeytia@hotmail.com

Event webpage: For additional information you can review the event website at www.ifgchulavista.org

Age Divisions:	Sub-Bantam	2004 & Later
	Bantam	2002 - 2003
	Midget	2000 - 2001
	Youth	1998- 1999
	Intermediate	1996 - 1997
	Young Women/Men	1995 - 1995

Awards: Ribbons first through eighth place

Concession: A Concession Stand will be available

NO SUNFLOWER SEEDS in Stadium! Please!



International Friendship Games

Track & Field

Schedule of Events

Running Events

<u>Time:</u>	<u>Event</u>	<u>Divisions</u>
8:00	3000m Run	MG, MB, YG, YB, IG, IB, YW, YM
	1500m race walk	BG, BB, MG, MB
	3000m race walk	YG, YB, IG, IB, YW, YM
10:00	4x100m Relay	All Divisions
10:50	400m Dash	All Divisions
11:50	100m Dash	All Divisions
1:30	1500m	All Divisions
2:30	100m Hurdles	YG, YB, IG, YW
2:50	110 Hurdles	IB, YM
3:15	80m Hurdles	MG, MB
3:30	800m Run	All Divisions
4:50	200m Dash	All Divisions
5:30	4x400m Relay	All Divisions

Field Events **Start Time 8:00am**

<u>Time:</u>	<u>Event</u>	<u>Divisions</u>
	Long Jump	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	Triple Jump	YG, YB, IG, IB, YW, YM
	Turbo Javelin	MG, MB, YG, YB, IG, YW, SBG, SBB, BB, BG,
	Shot Put	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	High Jump	MG, MB, BG, BB, YW, YM, YG, YB, IG, IB
	Discus	YB, YG, MB, MG, IB, IG, YM, YW

Note: Field events report directly to field event competition site. Running events report to the clerk of the course when their event is called. Meet management will provide all throwing implements.

PLEASE NOTE: in reference to the javelin completion - NO REGULATION JAVELIN IS PERMITTED ON THE SCHOOL CAMPUS. Only a turbo javelin is permitted. Meet management will provide "600 mg turbo javelins" for: YG, YB, IG and YW.