





2011 USATF REGION 15 Junior Olympic Track & Field Championships Hosted by the San Diego-Imperial Association

Friday, June 24, 2011

California State University San 333 S. Twin Oaks Valley Road San Marcos, California 92096



Friday - Sunday, June 24-26, 2011 Marcos Orange Glen High School 2200 Glen Ridge Road Escondido, California 92027

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions		
* Sub-Bantar	n (born 2003 and later)	
Bantam	(born 2001 – 2002)	
Midget	(born 1999 – 2000)	
Youth	(born 1997 – 1998)	
Intermedia	te (born 1995 – 1996)	
** Young	(born 1994 – 1994)	

^{*} Per USATF Rule, Article VI, Section I, Rule 300.1(c), "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

^{**}Per USATF Rule, Article VI, Section I, Rule 300.1(d), "Athletes who are still eighteen (18) years of age through the final day of the National Junior Olympic Track and Field Championships shall be eligible to compete in the Young Men's and Young Women's division through that meet."



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF rules for more information and exceptions. Competitors in the Sub-Bantam, Bantam and Midget divisions may compete in a maximum of three events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four events, including relays. All participating athletes must be registered 2011 members of USATF in good standing.

Relay Teams: Only registered 2011 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership by the close of the registration process in Association.

ENTRY PROCESS:

The top 8 finishers in each event from the Association Championships are eligible to compete at these championships. After the conclusion of the Association Championships Meets in each association (Nevada, San Diego Imperial and Southern California), athletes/coaches must register for the Region 15 Junior Olympic Championships on line at www.coacho.com within 72 hours. A completed registration includes the payment of entry fees. If you miss the window to register than you have missed the opportunity to compete. The next athlete(s) listed on the results will automatically be moved up by the online entry system and become eligible for participation at these championships.

Following the 72 hour period, registration will again re-open to allow athletes to move into an event when fewer than 8 finishers declared entry during the initial registration period (see above). The "Move-Up" period will be open for 48 hours. A completed registration includes the payment of entry fees.

In addition to the above and in accordance with the 2011 Youth Guide, the Youth Chairs of each Association are required to forward via email a backup file of their complete results to the Regional Coordinator, trackcoach4@gmail.com no later than 24 hours after the conclusion of the meet.

The Youth Chairs of each Association shall be responsible for ensuring Participation Waiver and Release form for each athlete and relay declaration forms are delivered timely to the Regional Coordinator.

EVENT FEE:

Individual Entry: \$7.00 per event Relay Entry: \$28.00 per relay team

Please note an on line processing fee is applicable. The San Diego Imperial Association does not receive any proceeds from this fee.

ADVANCEMENT: The top five individuals and relays teams in each event of each division will advance to the National Junior Olympic Track & Field Championship to be held July 26 – July 31, 2011 at Cessna Stadium, Wichita State University, Wichita, Kansas. For more information about the meet then visit: http://www.usatf.org/events/2011/USATFJuniorOlympicTFChampionships/index.asp. Qualified individuals and teams must register on line for the meet at www.coacho.com. As a convenience, it is anticipated on line registration will be available on June 25th and June 26th at Orange Glen High School.

PACKET PICK-UP: Packet pick-up will be available at various times and locations during these championships. Please see date and time below:

<u>Date</u>	<u>Time</u>	<u>Place</u>
Friday, June 24 th	12:30PM - 3:00PM	Hilton Garden Inn Hotel [see hotel info for address]
Friday, June 24 th	4:00PM – 7:00PM	Orange Glen High School
Saturday, June 25 th	7:00AM – 9:00AM	Orange Glen High School
Sunday, June 26 th	7:30AM – 8:30AM	Orange Glen High School

IMPLEMENTS & WEIGH IN: Throwing implements to include mini-javelin, javelin, discus and shot put will be provided by meet management. Hammer throwers should bring their own implement. All implements are subject to inspection and weight/measurement certification prior to the start of the event. An Inspector of Implements is anticipated to be on site from 7:00AM – 11:00AM on Saturday and 7:00AM – 9:00 AM on Sunday.

EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in. Athletes are expected to check-in with their assigned bid number. Athletes competing at California State University San Marcos are advised their bid number will be on site and not in the team or unattached packets as noted above.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. Bid Numbers will be placed in team or unattached athlete packets. Bid

numbers will be reviewed at the clerk and field events areas. The replacement cost for a lost bid(s) is \$5 payable by cash only to meet management.

EVENT RESULTS: During competition, event results will be posted. In addition, event results will be posted at www.sdusatf.org.

PROTESTS: There will be a \$75.00 cash only fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced or published. The protest fee will be refunded if the protest is upheld.

RULES – CONDUCT & FACILITY: The meet is sanctioned by USATF. USATF rules will apply at this competition. All athletes and spectators are expected to abide by rules as established by the Games Committee, Orange Glen High School, the Escondido Unified School District, and California State University San Marcos. Smoking and alcohol is prohibited on high school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Athletes must warm-up in the designated warm-up area(s).
- Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid and lower areas of the stadium as they impede spectator views.
- No food or drink other than water is permitted on the track infield.
- No sunflower seeds or shelled nuts are permitted in the stadium seating.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Recreation Vehicles (RVs) must park in pre-designated areas as determined by meet management.

Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.

COACH'S MEETING: A coach meeting will be held on Saturday, June 25, 2011 at 7:45 AM.

AWARDS: USATF Regional Junior Olympic medals will be awarded to the top three athletes in individual events in all divisions. The top three relay teams in all divisions will be awarded medals in all divisions.

EVENT MERCHANDISE: Commemorative clothing (Tee Shirts, shirts, etc.) will be available for purchase.

CONCESSION: Concessions will be made available.

VENDOR OPPORTUNITIES: All vendors must be approved by the Meet Director. Persons desirous of providing a service or good with or without fee at this event must contact the meet director on or before June 17, 2011 at **youth@sdusatf.org**.

PARKING:

California State University San Marcos: Parking is available for a fee. Parking fees and restrictions are enforced. Violators are subject to a citation.

Orange Glen High School: Free parking is available. Bus and mobile home parking is limited. These vehicles must park in designated areas only. Parking restrictions will be enforced. Violators are subject to a citation or tow without warning. If parking in residential areas, do not block occupant's access.

Contact: Michael Adkins, Meet Director, e-mail: youth@sdusatf.org or Phone: 619.871.6836

MEET SCHEDULE & FACILITY INFORMATION

CALIFORNIA STATE UNIVERSITY SAN MARCOS

Friday, June 24, 2008 4:45 PM; 1 call 4:15 PM

Running Events:

2000 Meter Steeplechase (Final) YW, YM, IG, IB

Field Event:

Hammer Throw (Final) IG, IB, YW, YM

FACILITY: The facility at California State University San Marcos has a nine lane all weather surface. The steeplechase has an inside track water jump. 1/4" pyramid spikes are required for the track. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. The hammer throw is north of the track. Seating is limited. Spectators may wish to bring a chair.

ORANGE GLEN HIGH SCHOOL

Friday, June 24, 2008 5:45 PM; 1st call 5:15 PM

Running Events:

3000 Meter Race Walk (Final) YG, YB, IG, IB, YW, YM

1500 Meter Race Walk (Final) BG, BB, MG, MB

400 Meters (Semi-Final) SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM

FACILITY: The facility at Orange Glen High School has a nine lane all weather surface. The mini-javelin will be conducted on a synthetic grass surface. The javelin will have a grass runway approach. The facility includes two shot put rings, one discus ring, two long/triple jump pits, high jump pit and a pole vault pit.

3/16th needles spikes are required on the track and runways (high jump, long jump, triple jump and pole vault.) Spikes are subject to inspection prior to an athlete's participation. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes.

Canopies are restricted to the top rows of the stadium and other designated places as established by meet management. Limited grass areas for canopies will be available in the stadium. Additionally canopies may be set up in the warm up areas.

MEET SCHEDULE ORANGE GLEN HIGH SCHOOL

Saturday, June 25, 2011 8:30 AM; 1 st call 8:00 AM for all first events of the day

Running Events

1500 Meter Run	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
110 Meter Hurdles	(Final)	IB, YM
100 Meter Hurdles	(Final)	IG, YW, YB, YG
80 Meter Hurdles	(Final)	MG, MB
100 Meter Dash	(Semi-Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
400 Meter Dash	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
4 X 800 Meter Relay	(Final)	MG, MB, YG, YB, IG, IB, YW, YM
4 X 100 Meter Relay	(Semi-Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
200 Meter Dash	(Semi-Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM

Field Events

High Jump	(Final)	YG, YB, MB, MG
Long Jump	(Final)	IG, IB, BG, BB, YW, YM, SBG, SBB
Mini-Javelin	(Final)	SBG, SBB, BG, BB
Shot Put	(Final)	MG, MB, IG, IB, YW, YM
Discus	(Final)	YG, YB, MB, MG
Javelin	(Final)	YW, YM, IG, IB, YG, YB

Sunday, June 26, 2011 8:45 AM; 1 st call 8:15 AM for all first events of the day

Running Events

3000 Meter Run	(Final)	MG, MB, YG, YB, IG, IB, YW, YM
100 Meter Dash	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
400 Meter Hurdles	(Final)	IG, YM, IB, YM
200 Meter Hurdles	(Final)	YG, YB
4 X 100 Meter Relay	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
800 Meter	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
200 Meter	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
4 X 100 Meter (Parent/Coach Relay)	(Exhibition)	[contested as time permits]
4 X 400 Meter Relay	(Final)	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM

Field Events

High Jump	(Final)	BG, BB, YW, YM, IG, IB
Long Jump	(Final)	YG, YB, MG, MB
Triple Jump	(Final)	YW, YM, IG, IB, YG, YB [contested after long jump]
Mini-Javelin	(Final)	MB, MG
Shot Put	(Final)	SBG, SBB, YG, YB, BG, BB
Discus	(Final)	IG, IB, YW, YM
Pole Vault	(Final)	YG, YB, IG, IB, YW, YM [10 AM Start Time]

PREFERRED EVENT HOTEL INFORMATION

Rooms have been blocked at preferred event hotels. Rooms are reserved for June 24 – June 26, 2011. Guest should reserve room(s) based upon their individual need. Guest should specify room type and bed request when making their reservation. Guest must provide their personal contact and credit card information to reserve at the group rate. Rooms will be held under the assigned Group Name and released on dates specified. Guest should inquire with hotel/motel regarding cancellation policy. Guest should inquire regarding amenities. USATF San Diego Imperial makes no assurances rooms will be available at the time of team/individual booking. A list of the number of rooms at preferred hotels can be provided upon request from the Meet Director.





17240 Bernardo Center Drive, San Diego, CA 92128 / Phone: 1.800.445.8667 or 858.676.1660 Group rate: Double/Double \$94.00; Standard King \$85.00: Junior Suite \$109.00 Plus Applicable Tax Group rate held to June 13, 2011 under USATF

Group Rate includes: hot team breakfast. Our team breakfast consists of scrambled eggs, potatoes, bacon, toast, whole fruit, fresh orange juice, and coffee. Complimentary Parking, Refrigerator, Microwave, Wireless and Wired Internet, \$10 Rollaway Bed Fee waived for first 10 Standard King Room reservations and once those reserved cost is \$10 per bed.

Distance & Time to California State San Marcos University: 13.13 miles [16min] & Orange Glen High School: 8.71 miles [15min]





17065 W. Bernardo Drive, San Diego, CA 92127 / Phone: 800.777.6055 or 858.485.6530 Group Rate: Standard [2 Queens] \$105; Standard King w/Sofa Sleeper \$99 Plus Applicable Tax Group Rate held to June 14, 2011 under USATF Regional Junior Olympics

Group Rate includes: The above rate(s) include a Full American Breakfast Buffet daily for up to four (4) guests per room in this group block for Queen beds; two Full American Breakfast Buffet daily for up to two (2) guest per room in the King rooms. Distance & Time to California State San Marcos University: 13.21 miles [16min] & Orange Glen High School: 8.80 miles [15min]



12032 Scripps Highlands Drive, San Diego, CA 92131 / Phone: 858.740.2227

Group Rate: King Standard w/Sofa Sleeper \$129 Plus Applicable Tax Group Rate held to June 10, 2011 under Region 15 Junior Olympics

Group Rate includes: The above rate includes a daily complimentary hot breakfast.

Distance & Time to California State San Marcos University: 19.28 miles [21 min] & Orange Glen High School: 14.86 mile [21 min]

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8651 Spectrum Center Blvd., San Diego, CA 92106 / Phone: 858.573.0700

Group Rate: King Standard w/Sofa Sleeper \$129 Plus Applicable Tax **Group Rate** held to **June 10, 2011** under Region 15 Junior Olympics

Group Rate includes: The above rate includes a daily complimentary hot breakfast.

Distance & Time to California State San Marcos University: 28.27 miles [31 min] & Orange Glen High School: 23.86 mile [30 min]





11002 Rancho Carmel Drive, San Diego, CA 92128-4288 / Phone: 800.331.3131 or 858.673.1900

Group Rate: King Standard w/Sofa Sleeper \$129 Plus Applicable Tax

Group Rate held to June 10, 2011 under USATF – San Diego Imperial Association

Group Rate includes: The above rate includes a daily complimentary hot breakfast.

Distance & Time to California State San Marcos University: 16.25 mile [19 min] & Orange Glen High School: 11.84 mile [19 min]

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10185 Paseo Montril, San Diego, CA 92128-4288 / Phone: 858.484.8800

Group Rate: Two Double Beds, \$89.10 [Friday] \$103.50 [Saturday] \$98.10 [Sunday] Plus Applicable Tax

Group Rate held to June 2, 2011 under USA Track and Field

Group Rate includes: The above rate includes a daily continental breakfast.

Distance & Time to California State San Marcos University: 18.86 miles [22 min] & Orange Glen High School: 14.44 miles [21 min]





515 West Washington, Escondido, CA 92025 / Phone: 760.743.1443

Group Rate: Two Double Beds, \$59.00 Plus Applicable Tax **Group Rate** held to **June 7**, 2011 under SDUSATF

Group Rate includes: The above rate includes a daily complimentary continental breakfast.

Distance and Time to California State San Marcos University: 6.25 miles [10 min] & Orange Glen High School: 3.84 mile [11 min]