

SAN DIEGO CHEETAHS YOUTH DEVELOPEMENTAL TRACK

AND FIELD MEET.

HOSTED BY: SAN DIEGO CHEETAHS YOUTH TRACK AND FIELD TEAM.

MEET DIRECTOR: MARCUS SIMS

ASSISTANT MEET DIRECTOR: MIKE KIRWAN.

WHERE: WEST HILLS HIGH SCHOOL, SANTEE CA

WHEN: MARCH 19TH, 2011

STARTING TIME: 7:00 REGISTRATION (ONLY COACHES WILL BE ALLOWED TO

REGISTER ATHLETES) COACHES CAN ALSO EMAIL ENTRIES TO:

marccvt1@gmail.com

TIME: 8:30 AM FIELD EVENTS 9:00 AM RUNNING EVENTS

ELIGIBILITY: BOYS AND GIRLS IN THE FOLLOWING AGE DIVISIONS:

BORN:

SUB-BANTAM	2003 & YOUNGER
BANTAM	2001-2002
MIDGET	1999-2000
YOUTH	1997-1998
INTERMEDIATE	1995-1996
VOLING	1002 1004

LIMITATIONS: SUB BANTAM THRU MIDGET DIVISIONS ARE LIMITED TO 3 EVENTS INCLUDING RELAYS. YOUTH AND ABOVE, ARE LIMITED TO 4 EVENTS INCLUDING RELAYS.

ENTRY FEES: \$5.00 PER ATHLETE. ENTRIES ARE TO BE PAID BY CASH, MONEY ORDER OR CLUB CHECK ONLY.

FACILITY: NEW NINE LANE ALL-WEATHER TRACK SURFACE. ONLY 3/16" NEEDLE OR PYRAMID SPIKES WILL BE ALLOWED.

CONCESSIONS: SNACK BAR WITH FOOD AND DRINKS WILL BE PROVIDED AT AFFORDABLE PRICES.

CHECK IN: ATHLETES MUST CHECK IN WITH THEIR WRIST BANDS UNCHANGED AND UNALTERED AT THE CLERK OF THE COURSE. FIELD EVENT COMPETITORS WILL CHECK IN AT THE EVENT SITE.

AWARDS: RIBBONS WILL BE GIVEN TO ALL FINISHERS IN ALL HEATS AND FLIGHTS. 1ST PLACE THRU 8TH AND PARTICIPATORY RIBBONS.

FIELD EVENTS STARTING TIME: 8:30 A.M.

LONG JUMP SBG-YM (ALL DIVISIONS)

SHOT PUT SBG-YM (ALL DIVISIONS)

MINI JAVELIN SBG-MB

RUNNING EVENTS STARTING TIME: 9:00A.M.

200M DASH SBG-YM (ALL DIVISIONS)

1500M RUN SBG-YM (ALL DIVISIONS)

60M DASH SBG-YM (ALL DIVISIONS)

100M HURDLES YG-YB

80M HURDLES MG-MB

600M RUN SBG-YM (ALL DIVISIONS)

4 X 100 RELAY SBG-YM (ALL DIVISIONS)