



## 1st ANNUAL ALL-COMERS DEVELOPMENTAL MEET

**HOSTED BY:** Mercury San Diego Track & Field Club

**DATE:** March 27, 2010

**SITE:** Mount Miguel High School  
8585 Blossom Lane  
Spring Valley, CA 91977

**STARTING TIME:** 7:00AM REGISTRATION  
8:00AM FIELD AND RUNNING EVENTS

**MEET DIRECTOR:** EDWARD FORD JR.  
**ASSISTANT MEET DIRECTOR:** JAMES TOWNSEND

**ELIGIBILITY:** Boys and Girls in the following Divisions:  
Sub Bantam..... 2002-  
Bantam..... 2000-2001  
Midget .....1998-1999  
Youth.....1996-1997  
Intermediate..... 1994-1995

**Limitation:** Sub Bantam thru Midget division are limited to **three** events.  
Sub Bantams may compete in the 100m, 200m, 4x100m relay, and long jump. Youth and Intermediate are limited to **four** events.

**Surface:** All weather Track and Runaway only 3/16 (Needle spikes, no pyramid spikes) will be allowed.

**Registration:** On Site Registration at the gate for individuals, unattached, and Team.

**Entry Fee:** \$1.50 per individual events and \$6.00 per relay. Team entries are to be paid in cash or club check. Unattached entries to be paid in cash or money order (**NO PERSONAL CHECKS WILL BE ACCEPTED**).

**LATE Registration will be restricted to 7:00 a.m. to 9:00 am on Saturday**  
**AWARDS:** Ribbons for all Flights

**CONCESSION:** Food and drinks will be available for purchase.

**MEET RESULTS:** Will be provided On-Line under [www.sdusatf.org/youth.html](http://www.sdusatf.org/youth.html)

**CHECK-IN:** All Participants must check in at the Clerk of the Course when their events are called. Field event Participants must report directly to the official on the field in charge of the event when called.

## **MEET WILL TAKE PLACE RAIN OR SHINE**

**RUNNING EVENTS START TIME: 8:00 A.M.**

<b>1500M RUN</b>	<b>BG, BB, MG, MB, YG, YB, IG, IB</b>
<b>200M Hurdles</b>	<b>YG, YB</b>
<b>100M Dash</b>	<b>SBG, SBB ONLY</b>
<b>800M RUN</b>	<b>BG, BB, MG, MB, YG, YB, IG, IB</b>
<b>200M Dash</b>	<b>ALL DIVISIONS</b>
<b>100M Hurdles</b>	<b>YG, YB, IG, IB</b>
<b>400M Dash</b>	<b>ALL DIVISIONS</b>
<b>4X100M RELAY</b>	<b>ALL DIVISIONS</b>

**FIELD EVENTS- START TIME: 8:00 A.M.**

<b>Long Jump</b>	<b>SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB</b>
<b>Shot Put</b>	<b>BG,BB,MG,MB,YG,YB,IG, IB</b>
<b>Mini (Turbo) Javelin</b>	<b>BB, BG, MG, MB</b>

If there are any questions, please do not hesitate to *call (619) 263-5171 or email us @ EFord996400@aol.com*

### **SPECIAL NOTE:**

**THIS IS A "B" MEET HAND TIME ONLY. TIMERS NEEDED**  
**NO PEANUTS OR SUNFLOWERS SEEDS ALLOWED IN STADIUM.**  
**NO FOOD OR GATORADE ALLOWED ON THE INFIELD. WATER ONLY**

**All canopies MUST BE SECURED.**