# 2009 USATF San Diego-Imperial Association Junior Olympics Track \& Field Championships 

Saturday \& Sunday, June 13-14, 2009<br>Escondido High School<br>1535 North Broadway<br>Escondido, CA 92026-2099

## AGE DIVISIONS \& ELIGIBILITY REQUIREMENTS:

| Age Divisions |
| :--- |
| Bantam (born 1999 and later) |
| Midget (born 1997-1998) |
| Youth (born 1995-1996) |
| Intermediate (born 1993-1994) |
| * Young (born 1991 -1992) |
| * Athletes who are still 18 through the final day (8/2/09) <br> of the National Junior Olympics Track \& Field <br> Championships are eligible to compete. |



Sub-Bantam Division (born 2001 and later): These athletes may compete in the Association Championship. They are not eligible for advancement to the Regional or National Junior Olympics competitions. In order to advance then the athlete must compete as a Bantam in all events. Athletes competing as Sub-Bantams are limited to three (3) events including relays. Contested events are: 100, 200, 800, Long Jump, Mini-Javelin, $4 \times 100$ and $4 \times 400$ meter relays. The 200 meter run, 800 meter run, $4 \times 100$ and $4 \times 400$ meter relays will be run as a final; 4 jumps in the Long Jump and 4 throws in the Mini-Javelin events; a semi-final \& final will be held in the 100 meter run. All athletes must be registered 2009 members of USATF in good standing.

Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF rules for more information and exceptions. A competitor must compete in his/her age division only. "Moving up" in any event is prohibited. Competitors in the Bantam and Midget divisions may compete in a maximum of three (3) events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four (4) events, including relays. All athletes must be registered 2009 members of USATF in good standing.

Relay Teams: Only registered 2009 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

## ENTRY PROCESS:

Only athletes who are registered and current members in good standing with USATF may compete. USATF membership can be completed on line at www.usatf.org or by completing an application form at the USATF San Diego-Imperial Association Office (1511 Morena Blvd. San Diego, CA 92110), Phone 619 275-6542. The office is closed on the weekends.

On-Line Registration: Entry shall be completed on line and must be received by 11:59 PM on Tuesday, June 9, 2009. To enter the meet go to www.coacho.com. Late registration will be accepted; however, an additional fee will be imposed. Individuals/Teams registering late must contact the Meet Director by e-mail to request late entry and provide all information (e.g. Name, Team Name, Sex, Date of Birth, USATF \#, event(s) and mark). Late entry(s) and/or changes must be received by 8:00 PM on Wednesday, June 10, 2009. No Changes will be accepted after 11:00 PM on Wednesday, June 10, 2009. Changes (no new entrant(s) between 8:01 PM and 11:00 PM will be subject to a change fee. There will be no provisions to register on the day of the meet. Coaches,
athletes and/or parents are highly advised to carefully review the meet information, schedule, Coach O Confirmation of Entry when registering for the meet.

Entry IAdvancement Form: Prior to competing, an athlete and parent/guardian must complete an entry/advancement form which is available on youth page of the San Diego-Imperial USATF Association's website. The web address is: www.sdusatf.org. Entry/advancement forms will be collected by meet management at the time of packet pick-up. Coaches and unattached athletes must ensure all information is complete at the time of submission. Entry/Advancement forms will remain property of meet management for verification purposes and advancement.

## ENTRY FEE:

Individual Entry: $\quad \$ 6.00$ per event Relay Entry: $\mathbf{\$ 2 4 . 0 0}$ per relay team
Late Individual Entry $\mathbf{\$ 1 0 . 0 0}$ per event Late Relay Entry: $\mathbf{\$ 4 0 . 0 0}$ per relay team
CHANGE FEE: (Applies only to individuals/teams that have registered by the established deadlines)
Individual Entry \& Relay Entry - \$3.00 per event
Entry fees must be paid prior to athlete participation. Entry Fees must be paid at the time of packet pick-up (see times posted below). 2009 Registered USATF teams only may pay by cash, team check or money order. Unattached athletes must pay by cash or money order. No personal checks will be accepted from teams or unattached athletes. A club check returned for insufficient funds will result in removal of all athletes from the regional meet.

PROOF OF AGE: All athletes must have their age verified prior to participation. All athletes competing with a registered USATF San Diego-Imperial Track Club must have their birth date verified by Wednesday, June 10, 2009. Unattached athletes may mail proof of age or visit the San Diego-Imperial Office at 1511 Morena Blvd. San Diego, CA 92110 by Wednesday, June 10, 2009. Proof of age sent by mail must be received prior to the close of business ( $2: 30$ p.m.) on June 10, 2009. Proof of age may also be faxed to the office. Upon receipt of an acceptable document, the birth date will be entered into the national database. The office phone number is 619 275-6542, which also serves as the fax number. Athletes entering the meet after the entry deadline must comply with age verification. Late entrants must also attach an acceptable proof of age to their entry form, which shall be turned in at packet pick-up.

Per USATF Rule 300.1.h, acceptable proof of age shall be a copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. No other proof will be accepted. No exceptions.

EVENT WAIVER: Per USATF rule 305.1.f, an athlete who does not compete in the Association Championship due to "extraordinary circumstances" may be advanced to the Regional meet provided the athlete does not displace any athlete competing at the Association Championship and does not exceed the Association's allocation to the Regional meet. A written request must be made in writing to the Meet Director prior to the end of the meet on Sunday, June 14, 2009.

AWARDS: USATF Junior Olympic medals will be awarded to the top three individuals (top three teams in the relay events) in each event of each age division. Ribbons will be awarded for $4^{\text {th }}-8^{\text {th }}$ place.

YOUTH AWARD PRESENTATION CEREMONY: A special award presentation ceremony will be held on Sunday, June 14, 2009 during the meet break to honor the 2008 San Diego-Imperial Association's Youth Athletes of the Year.

ADVANCEMENT: The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 15 Junior Olympics Championships to be held on June 26-28, 2009 at Cerritos Community College in Norwalk, California. Individuals/relay teams that finish in non-advancement positions may qualify for advancement to the regional meet should a qualified individual or team elects not to participate. To gain advancement by this manner into regional meet then mandatory attendance by an athlete's coach/representative at an Advancement Meeting held after the meet is required. Payment of fees (cash only) will be also required. The
meeting will be held at Orange Glen High School on Tuesday, June 16, 2009 at 7:00 p.m. Any change of time or location will be announced at the Association Championships and posted on the youth page at www.sdusatf.org .

All advancement/entry forms for the USATF Region 15 Championships must be completed, and fee paid (cash only) prior to the conclusion of the meet on June 14, 2009. Failure to complete an Event Entry \& Advancement Form and pay entry fees will be grounds for disqualification from the Regional Meet.

PACKET PICK UP: Teams and Unattached athletes may pick up their packet at Escondido High School on the following dates and times:

Saturday, June $13^{\text {th }}$ 6:45 AM - 9:45 AM
Sunday, June $14^{\text {th }} 7: 30$ AM - 9:30 AM
Coaches and/or athletes arriving after these times must contact on site meet management.
EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. Bid Numbers will be placed in team or unattached athlete packets. The replacement cost for a lost bid is $\$ 6$ payable by cash only to meet management.

COACHES MEETING: A coach's meeting will be held on Saturday, June 13, 2009 at 7:45AM.
EVENT RESULTS: During competition, event results will be posted. In addition, event results will be posted on the youth page at www.sdusatf.org .

PROTESTS: There will be a $\$ 45.00$ cash only fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced or published. The protest fee will be refunded if the protest is upheld.

RULES - CONDUCT \& FACILITY: USATF Rules will apply at this competition.
All athletes and spectators are expected to abide by rules as established by the Escondido Union High School District and the Games Committee. Smoking and alcohol is prohibited on school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and Parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Athletes must warm up in the designated warm-up area.
- Canopies must be secured and are limited to the top portion of stadium seating. Large umbrellas may not be used in the mid and lower areas of stadium seating as they impede spectator's views.
- Profane language, aggressive behavior or actions deemed not sportsmanlike, or in keeping with a youth friendly environment is prohibited.

Failure to comply with rules may result in athlete disqualification and athlete or spectator dismissal from the premises.

EVENT MERCHANDISE: Commemorative clothing (Tee Shirts, Sweatshirts, etc.) will be available for purchase.
PARKING: Free parking is available at Escondido High School. Additional street parking is available.

Contact: Michael Adkins, Meet Director, Phone: 619. 871.6836 or E-mail: youth@sdusatf.org

## MEET SCHEDULE ESCONDIDO HIGH SCHOOL

Saturday, June 13, 2009 8:30 AM; $1^{\text {st }}$ call 8:00 AM for first running and field events of the day.
Running Events

3000 Meter Run
5000 Meter Run
400 Meter
100 Meter
3000 Meter Race Walk
80 Meter Hurdles
100 Meter Hurdles
110 Meter Hurdles
4x 100 Meter Relay
$4 \times 100$ Meter Relay
$4 \times 800$ Meter Relay
200 Meter
Field Events
High Jump
Mini-Javelin
Long Jump
Shot Put
Discus
(Final)
(Final)
(Semi-Final)
(Semi-Final)
(Final)
(Final)
(Final)
(Final)
(Final)
(Semi-Final)
(Final)
(Semi-Final)

MG through YW
YM
BG through YM
SBG through YM
YG, YB, IG, IB, YW, YM
MG, MB
YB, YG, IG, YW
IB, YM
SBG, SBB
BG through YM
MG, MB, YG, YB, IG, IB, YW, YM
SBG through YM

Sunday, June 14, 2009 9:00 AM; $1^{\text {st }}$ call 8:30 AM for first running and field events of the day.

## Running Events

| 400 Meter | (Final) | BG through YM |
| :--- | :--- | :--- |
| 1500 Meter Run | (Final) | BG through YM |
| 100 Meter | (Final) | SBG through YM |
| 400 Meter Hurdles | (Final) | IG, YW, IB, YM |
| 200 Meter Hurdles | (Final) | YG, YB |
| $4 \times 100$ Meter Relay | (Final) | BG through YM |
| 800 Meter | (Final) | SBG through YM |
| 1500 Meter Race Walk | (Final) | BG through MB |
| 200 Meter | (Final) | BG through YM | 30 minute event break inclusive of $4 \times 100$ Meter (Parent/Coach Relay) \& Awards Presentation

4 X 400 Meter Relay
(Final)
SBG through YM
Field Events

High Jump
Long Jump
Shot Put
Discus
Triple Jump (Contested after the IB Long Jump)
Javelin (Contested after the YB Discus)
Pole Vault (12 Noon Start Time)

BG, BB, YW, YM
SBG, SBB, IG, IB, YW, YM, IG, IB
MG, MB, YG, YB, YG, YB, IG, IB, YW, YM
YW, YM, YG, YB, IG, IB
YG through YM

Intermediate \& Young Division Hammer Throwers \& 2000 Meter Intermediate \& Young Division Steeplechase Runners are advised competitions will not be contested at the Association Meet. All throwers and steeplechasers must officially register or enter the event. Contact Michael Adkins, the Meet Director, on or before the entry deadline for additional information regarding date, time and place of the competition.

