San Ysidro High School (SYHS)<br>5353 Airway Road, San Diego, CA 92154

## AGE DIVISIONS \& ELIGIBILITY REQUIREMENTS:

| Age Divisions |
| :--- |
| Bantam (born 1997 and later) |
| Midget (born 1995-1996) |
| Youth (born 1993-1994) |
| Intermediate (born 1991-1992) |
| * Young (born 1989-1990) |
| * An athlete born in 1988 is eligible if they do not <br> turn 19 on or before $7 / 29 / 2007$. |



Sub-Bantam Division (born 1999 and later) These athletes may compete in the Association Championship. They are not eligible for advancement to the Regional or National Junior Olympics competitions. In order to advance then athlete must compete as a Bantam in all events. Athletes competing as Sub-Bantams are limited to 100, 200, $4 \times 100$ Meter Relay and Long Jump events. The 200 and $4 \times 100$ will be run as a final; 4 jumps in the Long Jump; and semi-finals \& final in the 100 .

Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Bantam and Midget divisions may compete in a maximum of three events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four events, including relays. Entry in a relay as an alternate member is considered an event for the purpose of the maximum number of events in which an athlete may compete.

Relay Teams: Only registered 2007 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership.

All athletes must be 2007 members of USATF in good standing. USATF membership can be completed on line at www.usatf.org or by completing an application form at the San Diego-Imperial USATF Association Office (1511 Morena Blvd. San Diego, CA 92110). Only those athletes who are registered USATF athletes on or before June 1, 2007 may compete.

## ENTRY PROCESS:

Individual Entries: $\mathbf{\$ 6 . 0 0}$ per event Relay Entries: $\mathbf{\$ 2 4 . 0 0}$ per relay team
Entry fees must be paid prior to athlete participation. Entry Fees must be paid at the time of packet pick-up (see times posted below). Registered USATF teams may pay by cash, "team account" check or money order. Unattached athletes must pay by cash or money order. No personal checks will be accepted.

On-Line Registration: Entry shall be completed on line and must be received by 11:59 PM on Saturday, June 2, 2007. To enter the meet go to www.coacho.com. Entries received after the deadline will not be processed. No exceptions!!!

Proof of Age: All athletes must have their age verified prior to participation. All athletes competing with a registered USATF San Diego-Imperial Track Club must have their athletes/members birth dates verified by Friday, June 1, 2007. Unattached athletes may mail proof of age or visit the San Diego-Imperial Office at 1511 Morena Blvd. San Diego, CA 92110 by June 1, 2007. Proof of age sent by mail must be received prior to the close of business on June 1, 2007. Upon receipt of an acceptable document, the birth date will be entered into the Association's database. The office phone number is 619 2756542. Proof of Age verification will conducted Friday, June 8, 2007 from 4:30 PM to 6:00 PM at SYHS.

Per USATF Rule 300.1.h, acceptable proof of age shall be a copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. No other proof will be accepted. No exceptions.

Event Waiver: Per USATF rule 305.1.f, an athlete who does not compete in the Association Championship due to "extraordinary circumstances" may be advanced to the Regional meet provided the athlete does not displace any athlete competing at the Association Championship and does not exceed the Association's allocation to the Regional meet. A written request must be made in writing to the Meet Director prior to the end of the meet on Sunday, June 10, 2007.

Packet Pick Up: Teams and Unattached athletes may pick up their packet at SYHS on the following dates and times:
Friday, June $8^{\text {th }}\left[4: 30\right.$ PM to 6:00 PM]; Saturday June $9^{\text {th }}\left[7: 00 \mathrm{AM}\right.$ to 8:00 AM]; and Sunday June $10^{\text {th }}$ [7:15 AM to 7:45 AM].
AWARDS: USATF Junior Olympic medals will be awarded to the top three individuals (top three teams in the relay events) in each event of each age division. Ribbons will be awarded for $4^{\text {th }}-8^{\text {th }}$ place. Award presentations are planned at designated times. Information will be contained in the meet packet given to teams and unattached athletes.

ADVANCEMENTS: The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 15 Championships to be held on June 30 - July 31, 2007 at Shadow Ridge High School, Las Vegas, Nevada.

All advancement/entry forms for the USATF Region 15 Championships must be completed, paid for, and submitted (cash or money order only) prior to the conclusion of the meet on June 10, 2007. Failure to complete an Event Entry \& Advancement Form and pay entry fees will be grounds for disqualification from the Regional Meet. The Event Entry \& Advancement Form is available on line.

The National Championships will be held from Tuesday, July 24, 2007 to Sunday, July 29, 2007 at Mt. San Antonio College in Walnut, CA. The top 3 athletes at the Region 15 Championships will qualify for the National Championships. Information is available at: www.usatf.org/events/2007/USATFJuniorOlympicTFChampionshipsl .

EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only.

EVENT RESULTS: During competition, event results will be posted. In addition, event results will be posted at www.sdusatf.org .

PROTESTS: There will be a $\mathbf{\$ 3 5 . 0 0}$ cash only fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced or published. The protest fee will be refunded if the protest is upheld.

RULES - CONDUCT \& FACILITY: USATF Rules will apply at this competition.
All athletes and spectators are expected to abide by rules as established by the Sweetwater School District and San Ysidro High School. Smoking and alcohol is prohibited.

- No food items or Gatorade will be permitted on the stadium's football field. Only water is allowed on the infield (football field). Coaches are not permitted on the infield except by permission of the Meet Director or Meet Marshall.
- Athletes must warm up in the designated warm-up area.
- Only 3/16 needle spikes, no pyramid spikes will be allowed on track and field runway surfaces. Spikes may be subject to inspection prior to participation. There will be a grass approach for the javelin.
- Canopies must be secured and are limited to the top portion of stadium seating. Large umbrellas may not be used in the mid and lower areas of stadium seating as they impede spectator's views.

Failure to comply with rules may result in athlete disqualification and athlete or spectator dismissal from the premises.
Event Merchandise: Commemorative clothing (Tee Shirts, shirts, etc.) and Event program will be available for purchase.
DIRECTIONS \& PARKING: From Interstate 805 South: Take 905 East. Make a right on Old Otay Mesa Road or make a right on Caliente Avenue at the stop light. From Interstate 5 South: Take 905 East; right on Old Otay Mesa Road or right on Caliente Avenue. Please park in designated parking or on the street. Illegally parked cars are subject to ticketing and tow without warning.

## MEET SCHEDULE

Friday, June 8, 2007 5:00 PM; $1^{\text {st }}$ call 4:45PM

| Long Jump | IG, IB, YW, YM |
| :--- | :--- |
| Javelin | YG, YB, IG, IB, YW, YM, |
| Shot Put | YW, YM, IG, IB, |

Saturday, June 9, 2007 8:00 AM; $1^{\text {st }}$ call 7:45 AM for all events
Running Events

| 3000 Meter Run | (Final) | MG, MB, YG, YB, IG, IB, YW |
| :--- | :--- | :--- |
| 5000 Meter Run | (Final) | YM |
| 400 Meter | (Semi-Final) | BG through YM |
| 100 Meter | (Semi-Final) | All Divisions |
| 1500 Meter Race Walk | (Final) | BG, BB, MG, MB |
| 3000 Meter Race Walk | (Final) | YG, YB, IG, IB, YW, YM |
| 110 Meter Hurdles | (Final) | IB, YM |
| 100 Meter Hurdles | (Final) | YG, YB, IG, YW |
| 80 Meter Hurdles | (Final) | MG, MB |
| $4 \times 100$ Meter Relay | (Final) | SBG, SBB |
| $4 \times 100$ Meter Relay | (Semi-Final) | All Divisions |
| $4 \times 800$ Meter Relay | (Final) | MG through YM |
| 200 Meter | (Final) | SBG,SBB |
| 200 Meter | (Semi-Final) | BG through YM |
| * Steeplechase | (Final) | IG, IB, YM, YW |

* Competitors will be waived into the Regional Meet only after declaring this event at the Association Meet. The Steeplechase competition will be held at another site (TBD) on or before June 24, 2007. Competitors will be notified of the date, time and place of the competition by electronic mail and/or meet information will be revised and posted at www.sdusatf.org to reflect the date, time and location.


## Field Events

| High Jump | MG, MB, YG, YB |
| :--- | :--- |
| Mini-Javelin | BG, BB, MG, MB |
| Long Jump | YG, YB, MG, MB, BG, BB, |
| Shot Put | MG, MB, YG, YB, IG, IB, BG, BB |

Sunday, June 10, 2007 8:30 AM; $1^{\text {st }}$ call 8:15 AM for all events

## Running Events

| 400 Meter | (Final) | BG through YM |
| :---: | :---: | :---: |
| 1500 Meter Run | (Final) | BG through YM |
| 100 Meter | (Final) | YW, YM, IG, IB, |
| 400 Meter Hurdles | (Final) | IG, YM, IB, YM |
| 200 Meter Hurdles | (Final) | YG, YB |
| $4 \times 100$ Meter Relay | (Final) | BG through YM |
| 800 Meter | (Final) | BG through YM |
| 200 Meter | (Final) | BG through YM |
| 30 MINUTE EVENT BREAK |  |  |
| $4 \times 400$ Meter Relay | (Final) | BG through YM |

## Field Events

High Jump
Discus
Triple Jump
Long Jump
Pole Vault

BG, BB, IG, IB, YM, YW
MG, MB, YG, YB, IG, IB, YW, YM
YG, YB, IG, IB, YW, YM
SBG, SBB
YG through YM; 12 Noon Start

In the event there are 8 or less competitors/teams competing in a track event then the event shall be run as a final.

