

**SAN DIEGO JUNIOR OLYMPICS
CROSS COUNTRY ASSOCIATION
CHAMPIONSHIPS**

2007

DATE: Sunday – November 11, 2007

HOSTED BY: SAN DIEGO-IMPERIAL ASSOCIATION

MEET DIRECTOR: Mike Mena (760) 414-1908

ELIGIBILITY

All Runners: You must have a current USATF membership to compete

SANCTIONED BY

San Diego-Imperial Association.

MEET LOCATION

Kit Carson Park
3333 Bear Valley Parkway
Escondido, CA 92025

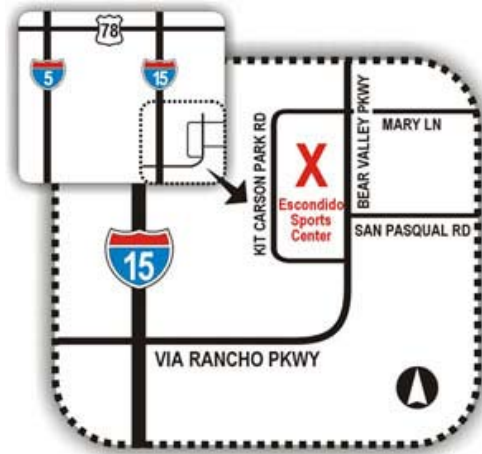
WALK-THROUGH

The course will close at 8:30 A.M.

STARTING TIME

The first race will begin at 9:00 A.M. (Bantam girls) in the order of age group as listed below, youngest age group first and girls first.

DIRECTIONS



Coming from the North, take the (I-5) south and exit on highway 78 East. Merge onto CA-78 E toward ESCONDIDO, Merge onto I-15 S toward SAN DIEGO (5 miles). Take the VIA RANCHO PARKWAY exit, Turn RIGHT onto W VIA RANCHO PKWY. W VIA RANCHO PKWY becomes BEAR VALLEY PKWY S. You will see soccer fields on your left, pass San Pasqual H.S. on your right, turn left on KITCARSON PARK RD. Pass Escondido Sport Center on your left, look for signs posted “USATF NATIONAL JUNIOR OLYMPICS REGIONAL 15 CROSS COUNTRY CHAMPIONSHIPS”

Coming from the South, take (I-15) North exit W.VIA RANCHO PKWY turn right
Follow directions above from this point on

COURSE

This is a generally flat loop, run on dirt/sidewalk trails, grass, and with one medium size roller coaster type of hills

ENTRY FEES & DEADLINES:

On-Time Registration: Must be received November 8, 2007

Individual Entries: \$6.00 per athlete.

Team Entries: *No charge*

Day of Event: Closes at 8:30 AM. (Individual runners only). **No team entries will be accepted after the on-time registration deadline.**

[2007 Individual Entry Form](#)

[2007 Team Entry Form](#)

Mail or email entries

PAYMENTS: Cash, Money Order, or Checks only *Make checks payable & mail to:*
socalroadrunners@cox.net

SCRR

212 Ardys Place

Vista, CA 92084

BOYS/GIRLS AGE GROUP DIVISIONS (DOB) & DISTANCES

Bantams	(1997 - later)	3000 meters	(1.8 miles)
Midget	(1995-1996)	3000 meters	(1.8 miles)
Youth	(1993-1994)	4000 meters	(2.4 miles)
Intermediate	(1991-1992)	5000 meters	(3.1 miles)
Young Men/Young Women	(1989-1990)	5000 meters	(3.1 miles)

REQUIREMENTS: Proof of Birth is required (copy of a birth certificate, passport, certified baptismal record, driver license, or U.S. government identification.) Online memberships are available by going to usatf.org/memberships. If you have any other question regarding memberships please call San Diego USATF office at 619-275-6542 prior to November 8th

Teams: Only registered USATF member clubs may enter a team. Teams must submit their completed Team Entry/Declaration form when they pick up their packets at the start of the Association Meet. Failure to do so will mean that your team will not be considered in the team points. List all possible eligible athletes because there will no addition accepted later.

ADVANCING TO NATIONALS

The top 20 individual's athletes and all members (up to 8) of the top 3 teams advance to the National JO Championships in Lawrence, Kansas on December 8th 2007. The entry fees (\$8.00) and form for each athlete **must be** paid with in 1 hour of your age group race **NO EXCEPTIONS**. You **MUST** run at the regional meet to advance to the NATIONAL JUNIOR OLYMPICS CROSS COUNTRY CHAMIONSHIPS

AWARDS

USATF Junior Olympic medals will be awarded to the top ten individuals in each age division

CONCESSIONS

Will be available

