

**USATF NATIONAL JUNIOR OLYMPICS
REGIONAL 15 CROSS COUNTRY
CHAMPIONSHIPS**

2007

DATE: Sunday – November 18, 2007

HOSTED BY: SAN DIEGO-IMPERIAL ASSOCIATION

MEET DIRECTOR: Mike Mena (760) 414-1908

**SANCTIONED BY
San Diego-Imperial Association.**

**MEET LOCATION
Kit Carson Park
3333 Bear Valley Parkway
Escondido, CA 92025**

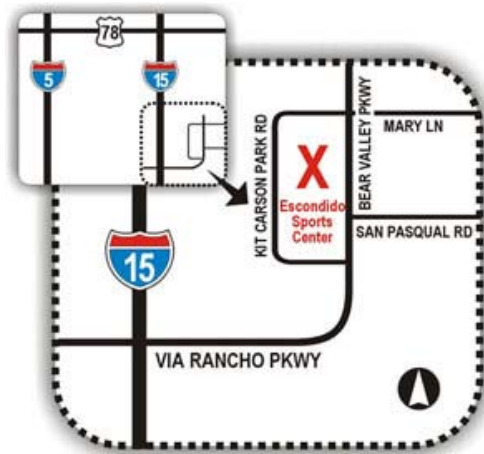
WALK-THROUGH

There will be a course walk through on Saturday November 17 at 3:30 p.m., and on Sunday November 18 at 8:00 a.m.

STARTING TIME

The course will close at 8:50 A.M. The first race will begin at 9:00 A.M. (Bantam girls) in the order of age group as listed below, youngest age group first and girls first.

DIRECTIONS



Coming from the North, take the (I-5) south and exit on highway 78 East. Merge onto CA-78 E toward ESCONDIDO, Merge onto I-15 S toward SAN DIEGO (5 miles). Take the VIA RANCHO PARKWAY exit, Turn RIGHT onto W VIA RANCHO PKWY. W VIA RANCHO PKWY becomes BEAR VALLEY PKWY S. You will see soccer fields on your left, pass San Pasqual H.S. on your right, turn left on KITCARSON PARK RD. Pass Escondido Sport Center on your left, look for signs posted
**“USATF NATIONAL JUNIOR OLYMPICS REGIONAL 15 CROSS COUNTRY
CHAMPIONSHIPS”**

Coming from the South, take (I-15) North exit W.VIA RANCHO PKWY turn right
Follow directions above from this point on

COURSE

This is a generally flat loop, run on dirt/sidewalk trails, grass, and with one medium size roller coaster type of hills

Course maps can be viewed on www.scrr-sd.com by clicking onto to schedule, than click on maps

ENTRY FEES

ENTRY FEES SHOULD BE FORWARD TO THE REGIONAL MEET DIRECTOR BY THE YOUTH CHAIRS. PLEASE MAKE CHECK PAYABLE TO SCRR. ENTRY FEE IS \$7.00 PER INDIVIDUAL

ALL ENTRIES MUST BE RECEIVED NO LATER THAN THURSDAY, 11-14-2007

MAIL ENTRIES TO

**E-mail entries (via Hy-Tek) to
Jeanette Mena:
socalroadrunners@cox.net**

BOYS/GIRLS AGE GROUP DIVISIONS (DOB) & DISTANCES

Bantams	(1997 - later)	3000 meters	(1.8 miles)
Midget	(1995-1996)	3000 meters	(1.8 miles)
Youth	(1993-1994)	4000 meters	(2.4 miles)
Intermediate	(1991-1992)	5000 meters	(3.1 miles)
Young Men/Young Women	(1989-1990)	5000 meters	(3.1 miles)

ADVANCING TO NATIONALS

The top 20 individual's athletes and all members (up to 8) of the top 3 teams advance to the National JO Championships in Lawrence, Kansas on December 8th 2007. The entry fees (\$8.00) and form for each athlete **must be** paid with in 1 hour of your age group race **NO EXCEPTIONS.** You **MUST** run at the regional meet to advance to the NATIONAL JUNIOR OLYMPICS CROSS COUNTRY CHAMIONSHIPS

AWARDS

Medals will be awarded to the top 20 place finishers in each age group.
Team trophies will be awarded to the 1st through 3rd place teams per divisions.

CONCESSIONS

Will be available

List of local Hotels

Hilton Garden Inn San Diego/Rancho Bernardo
17240 Bernardo Center Drive
San Diego, California
858-946-1042

Please reference San Diego So Cal RoadRunners when making reservations.

Great rates available. Newest hotel in the area

Holiday Inn
SAN DIEGO-RANCHO BERNARDO
17065 W. BERNARDO DR.
SAN DIEGO, CA 92127 UNITED STATES
Hotel Front Desk: 1-858-4856530 | Hotel Fax: 1-858-4857819

Book Online or Call
1 800 972 2802

Radisson Suite Hotel Rancho Bernardo
11520 W. Bernardo Court , San Diego California 92127
Reservations: (888) 201-1718 US
Telephone: (858) 451-6600 Fax: (858) 592-0253