

ARNIE ROBINSON INVITATIONAL

SATURDAY APRIL 13, 2013

Hosted by: SD Mesa College and University City High School

Date: Saturday April 13, 2013

Site: SD Mesa College, 7250 Mesa College Dr., San Diego 92111

Time: High School: 4:00 pm

College/Open: 3:00 pm

Facility: 9 lane Super X Mondo all- weather track and runway. Shot and Discus rings are concrete. Only 3/16" PYRAMID spikes, no needles or Christmas tree spikes permitted. Spikes will be available for purchase. Spikes will be checked at check-in.

Free Admission: No charge to spectators

Entry Fees: Teams - \$125 per gender, \$250 for both

Individuals - \$5; \$10 for relay

Payment: Make checks payable to "Mesa College Track and Field Trust". Payment must be received by **FRIDAY MARCH 29**.

Attn: Renee Ross, SD Mesa College Track and Field

Entry Registration:

>High Schools must register through Athletic.net. Deadline to register is **Sunday April 7 by 11:59 pm**.

> College/Open must register through Direct Athletics by **Tuesday April 9** by 5:00 pm.

<http://www.Directathletics.com>

The meet will include the following Events:

High Schools: 4x100 relay, 100m hurdles, 110m hurdles, 400m, 100m, 800m, 200m, 3200m, 4x400 relay, shot put, discus, long jump, high jump, pole vault

College/Open: 1500m, 100m hurdles, 110m hurdles, 400m, 100m, 200m, 5,000m, shot put, discus, long jump, high jump

The meet will offer 2 or 3 sections of each race or event. All races will be at metric distances and will feature electronic timing.

Awards: High School: Given to Top 3 overall in each event.

Elite Section of Long Jump will be given a special award to the Top Female and Top Male, along with being placed on the perpetual trophy in honor of Arnie Robinson.

Horizontal Field Events: Seeded worst to best, best flight last: 4 Throws/4 Jumps-No Finals.

T-shirts: Special t-shirts will be available for purchase for \$10

Snack Bar: A full snack bar will be available and located on the east side of the stadium.

Implement weigh-ins: Athletes must weigh-in all throwing implements. Implements weigh-in will be located at the north west end of the stadium.

First Aid: Athletic trainers will be located on the northwest side of the stadium. Trainers will be available one hour prior to the start of competition.

Warm-up area: Located on the baseball field.

Packet pick-up: Located at the south end of stadium.

Check-in: Track Events: 30 Minutes prior to the start of the event at the Clerk's tent
Field Events: 30 Minutes prior at the event site.

Parking: Parking is free

Contact Information: Meet Director: Head Coach Renee Ross E-Mail: rross@sdccd.edu

Mobile: (619)368-6613

UCHS Head Coach: John Hutsel work: (858)457-3040 x 119

**** Coaches, please e-mail me your contact information ASAP (e-mail, cell, home phone)****

Further info will be sent out prior to the track meet.