

## **DO YOU LIKE TO RUN OR JUMP?**

**COME TO THE "SPRING FEVER" ALL COMERS TRACK MEET  
AT PATRICK HENRY HIGH SCHOOL.**

**WHAT: All High School Events, plus a couple more**  
**Running 50 M (12 & under), 100M, 200M, 400M, 1600M, 3200M**  
**Jumping: Long Jump, Triple Jump, High Jump, Pole Vault**  
**Throwing: Shot Put, Discus (shot & discus available in most weights)**  
**Relays: 4x100M, 4x400M, 4x800M**

**WHEN: SATURDAY, FEBRUARY 25**  
**REGISTRATION STARTS AT 8:00 AM**  
**EVENTS START AT 9:00 AM, FINISH ABOUT NOON**

**WHY: PROVIDE A CHANCE FOR LOCAL RUNNERS OF ALL  
AGES TO PARTICIPATE.**  
**TRAINING OPPORTUNITY FOR NEW OFFICIALS.**

**SPONSORED BY: Patrick Henry High School Track and Field**  
**Directions: From I-8, take the College Avenue Exit north (away from SDSU).**  
**Follow College 1 mile to Navajo. Go left 1 mile to Parkridge. Go right and**  
**take the first right onto Wandermere Dr. Enter the campus and park near**  
**the bungalows.**

**ALL AGES, ALL TALENT LEVELS WELCOME!**

**TIMES OR MARKS POSTED FOR ALL ENTRANTS.**

**ENTRY: \$5 FOR AS MANY EVENTS AS YOU WANT**  
**Entry/Waiver Form Printed on the back of this page.**

**SPRING FEVER GAMES, ALL COMERS' MEET  
PATRICK HENRY HIGH SCHOOL, FEBRUARY 25, 2012**

**Entry Form and Waiver**

**Entry Fee, \$5. Make checks payable to Patrick Henry HS Track**  
**Paid by Cash \_\_\_\_ Check \_\_\_\_\_**

Name: First		Last:		Sex:	
Address					
City		State		ZIP	
Phone:					
Birth Date	/	/	Age on February 25		

Indicate Events To Be Entered:

Running Event	Men	Women	Field Event	Men	Women
4 x 100 relay			Pole Vault		
1600M			Long Jump		
100/110 M hurdles			High Jump		
400 M			Triple Jump		
100 M			Shot Put#		
800 M			Discus*		
300 Hurdles					
200 M					
50 M (12 & under)			# 4K, 10lb, 12lb		
3200 M			* 2.2K, 1.6K		
4 x 400 M relay			available		
4 x 800 M relay					

**Waiver:**

I waive all rights that I or my heirs or assigns may have against Patrick Henry High School, San Diego Unified School District, organizers, officials, and sponsors of this athletic event arising from any injury, illness, or accident that I may sustain or incur participating in this event. I declare that I am in good health to participate.

Signed \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature if under 18 years of age: \_\_\_\_\_