



**USATF
DIRT DOGS
Cross Country**

XCSERIES

Cuyamaca College 6K

Saturday, Nov. 3, 2012

8:00 am

Lindo Lake Park, Lakeside



Registration: Register on www.RaceIt.com by midnight Thursday, Nov. 1 - \$10
Day of Race - \$15

Awards: Champion Sweatshirts to top finisher in Open and Masters Divisions,
Age Group Medals and Raffle prizes

Directions: Take 8 Freeway to 67 North, exit on Winter Gardens Blvd and turn right. Go
down to Woodside Ave and turn left, street becomes Lindo Ln. which you
follow around the lake and park in lot next to the VFW.

Questions? Contact Patrick Thiss 619-660-4518; patrick.thiss@gcccd.edu

PLEASE DETACH, Fill out, and Bring with you.

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

Affiliation _____

Age (day of race) ____ Sex Male / Female

Signature of athlete (18+) _____ Date _____

If athlete is under age 18, this is to certify that my son/daughter has my permission to compete in the Cuyamaca College 6K and related events, is in good physical condition, and that the race officials have my permission to authorize emergency treatment if necessary.

Signature of parent _____ Date _____