

**asics** & *USATF Dirt Dog*

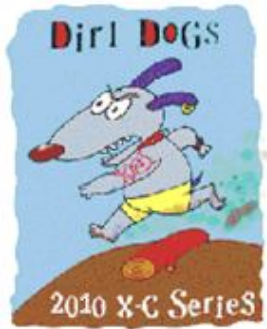
# *Cuyamaca College*

## **6K**

Saturday, Oct. 30, 2010

8:00 am

Lindo Lake Park, Lakeside



**competitor**  
so★cal

**Registration:** Register on Active.com by midnight Thursday, Oct. 28 - \$10  
Day of Race - \$15

**Awards:** Champion Sweatshirts to top finisher in Open and Masters Divisions,  
Age Group Medals and Raffle prizes

**Directions:** Take 8 Freeway to 67 North, exit on Winter Gardens Blvd and turn right. Go down to  
Woodside Ave and turn left, street becomes Lindo Ln. which you follow around the lake  
and park in lot next to the VFW.

**Questions?** Contact Patrick Thiss 619-660-4518

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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Affiliation \_\_\_\_\_

Age (day of race) \_\_\_\_\_ Sex Male / Female

Signature of athlete (18+) \_\_\_\_\_ Date \_\_\_\_\_

If athlete is under age 18, this is to certify that my son/daughter has my permission to compete in the Cuyamaca College 6K and related events, is in good physical condition, and that the race officials have my permission to authorize emergency treatment if necessary.

Signature of parent \_\_\_\_\_ Date \_\_\_\_\_