

USATF San Diego Championships

Men 4 Miles

Nov 6th 2010

Results from www.resultsrus.com

Mens race full results 4 Miles								
Place	Name	Bib	Age	Team	I-Div	T-Di	Time	Pace
=====	=====	====	====	=====	=====	=====	=====	=====
1	Sergio Gonzalez	39	24	Running Center/BSK	Open	Open	20:34	5:09
2	Dave Edwards	26	23	Running Center/BSK	Open	Open	20:35	5:09
3	Sean Zanderson	180	31	Adidas/Movin Shoes	Open	Open	20:39	5:10
4	Paul Wellman	90	32	Adidas/Movin Shoes	Open	Open	20:42	5:11
5	Nazario Romero	74	36	Adidas/Movin Shoes	Open	Open	20:50	5:13
6	Okwaro Raura	68	35	Running Center/BSK	Open	Open	20:56	5:14
7	Fernando Blanco	175	31	Adidas/Movin Shoes	Open	Open	21:23	5:21
8	Adam Coleman	19	25	Adidas/Movin Shoes	Open	Open	21:32	5:23
9	Marco Venancio	85	25	Adidas/Movin Shoes	Open	Open	21:41	5:26
10	Glenn Racz	66	30	Running Center/BSK	Open	Open	21:47	5:27
11	Chris Hupfeld	46	41	Running Center/BSK	40-49	40+	21:49	5:28
12	Derek Bradley	16	30	The Lost Boys	Open	Open	21:51	5:28
13	Mike Christman	18	32	The Lost Boys	Open	Open	21:54	5:29
14	Dan Farmer	30	24	The Lost Boys	Open	Open	21:55	5:29
15	Hector Hernandez	43	38	Adidas/Movin Shoes	Open	Open	22:03	5:31
16	Michael Gonja	182	20	Unattached	Open	None	22:04	5:31
17	Luis De La Vega	22	25	The Lost Boys	Open	Open	22:09	5:33
18	Darius Bastani	7	28	The Lost Boys	Open	Open	22:12	5:33
19	Brian Culley	21	39	The Lost Boys	Open	Open	22:15	5:34
20	Sean McKeon	59	27	The Lost Boys	Open	Open	22:22	5:36
21	Mike Hansen	41	43	Running Center/BSK	40-49	40+	22:27	5:37
22	Kosuke Amano	3	26	San Diego Track Club	Open	Open	22:30	5:38
23	John Armour	4	34	San Diego Track Club	Open	Open	22:32	5:38
24	Charlie Gamble	34	22	San Diego Track Club	Open	Open	22:34	5:39
25	Steve Moxey	63	32	The Lost Boys	Open	Open	22:45	5:42
26	David Kloz	53	35	Running Center/BSK	Open	Open	22:47	5:42
27	Jesse Haynes	195	38	Unattached	Open	None	22:47	5:42
28	Brandon Mills	62	30	Running Center/BSK	Open	Open	22:55	5:44
29	James Towle	81	43	Running Center/BSK	40-49	40+	23:01	5:46
30	Charles McKeown	60	28	The Lost Boys	Open	Open	23:03	5:46
31	Jim Walsh	88	50	JH Cohn	50-59	50+	23:07	5:47
32	Victor Beda	11	25	The Lost Boys	Open	Open	23:12	5:48
33	Arturo Canela	164	18	San Diego Mesa	Open	None	23:16	5:49
34	James Adams	1	31	Running Center/BSK	Open	Open	23:17	5:50
35	Jayson Fultz	184	38	Adidas/Movin Shoes	Open	Open	23:20	5:50
36	David Lipke	179	32	Running Center/BSK	30-39	None	23:34	5:54
37	Kevin Bowes	15	33	San Diego Track Club	Open	Open	23:42	5:56
38	Wesley LaSogga	165	18	San Diego Mesa	Open	None	23:50	5:58
39	Saule Rivera	186	33	San Diego Track Club	Open	Open	23:52	5:58
40	Adam Weiner	89	51	JH Cohn	50-59	50+	24:00	6:00
41	Pete Chenard	163	40	Unattached	40-49	None	24:09	6:03
42	Sean Fader	28	41	Running Center/BSK	40-49	40+	24:20	6:05
43	Greg Wilson	94	58	Bonita Roadrunners	50-59	50+	24:27	6:07
44	David Boos	14	51	Unattached	50-59	None	24:33	6:09
45	Matt Sheremeta	75	43	Running Center/BSK	40-49	40+	24:48	6:12
46	Allen Turrietta	82	52	Bonita Roadrunners	50-59	50+	24:50	6:13
47	Corey Miekosz	166	18	San Diego Mesa	Open	None	25:00	6:15
48	Gerard Reski	69	46	Running Center/BSK	40-49	40+	25:10	6:18
49	Jose Valencoele	191	19	Unattached	Open	None	25:14	6:19
50	Phillip Magos	178	18	Unattached	Open	None	25:16	6:19
51	Thomas Hartmann	42	50	Running Center/BSK	50-59	None	25:16	6:19
52	Marshall Varano	84	48	JH Cohn	40-49	None	25:18	6:20
53	Nick Moultrie	200	21	Unattached	Open	None	25:24	6:21
54	Jose Rivera	173	38	San Diego Track Club	Open	Open	25:25	6:22
55	Isaac Lara	168	18	San Diego Mesa	Open	None	25:27	6:22
56	Steve Lord	58	51	JH Cohn	50-59	50+	25:33	6:24
57	Sal Garcia	35	52	San Diego Track Club	50-59	50+	25:45	6:27
58	Patrick Tilley	169	18	San Diego Mesa	Open	None	25:50	6:28

59	Chris Baskerville	188	45	Unattached	40-49	None	26:00	6:30
60	Pedro Aguilar	171	22	San Diego Mesa	Open	None	26:01	6:31
61	Trevor Lillengreen	172	14	Unattached	Open	None	26:04	6:31
62	Ron Wells	91	64	San Diego Track Club	60-69	50+	26:12	6:33
63	Jared Pasquarella	167	19	San Diego Mesa	Open	None	26:22	6:36
64	Stephen Burch	17	53	JH Cohn	50-59	50+	26:31	6:38
65	William Fain	29	54	JH Cohn	50-59	50+	26:40	6:40
66	Kevin Rine	185	44	Unattached	40-49	None	26:43	6:41
67	Manuel Ramirez	67	46	Bonita Roadrunners	40-49	None	26:45	6:42
68	David Dunbar	24	60	Jamul Toads	60-69	None	26:50	6:43
69	Eliseo Lopez	189	20	Unattached	Open	None	26:58	6:45
70	Andy Thacher	80	47	San Diego Track Club	40-49	None	27:08	6:47
71	Anthony Avitia	194	18	Unattached	Open	None	27:14	6:49
72	Scott Murray	196	43	Unattached	Open	None	27:23	6:51
73	Moises Lopez	193	21	Unattached	Open	None	27:50	6:58
74	George Tubon	170	43	San Diego Mesa	40-49	None	27:50	6:58
75	Emmanuel Munez	190	22	Unattached	Open	None	28:08	7:02
76	Jan Kafka	49	63	San Diego Track Club	60-69	50+	28:13	7:03
77	Norberto Avila	5	52	Bonita Roadrunners	50-59	50+	28:16	7:04
78	Randy Stoppelmoor	78	52	Running Center/BSK	50-59	None	28:32	7:08
79	Brian Williams	92	54	JH Cohn	50-59	50+	28:44	7:11
80	Ron Enos	27	65	San Diego Track Club	60-69	50+	28:45	7:12
81	Richard Gauntner	36	70	San Diego Track Club	70+	50+	28:54	7:14
82	Kurt Hallock	40	54	Bonita Roadrunners	50-59	50+	29:03	7:16
83	Robb Latimer	54	58	San Diego Track Club	50-59	50+	29:04	7:16
84	Paul Baumhofner	8	58	San Diego Track Club	50-59	50+	30:01	7:31
85	Peter Stern	77	65	San Diego Track Club	60-69	50+	30:14	7:34
86	Hal Goforth	37	66	San Diego Track Club	60-69	50+	30:54	7:44
87	Javier Rios	71	49	Bonita Roadrunners	40-49	None	31:43	7:56
88	Dennis Kasischke	50	64	San Diego Track Club	60-69	50+	32:09	8:03
89	Joe Crosswhite	20	53	JH Cohn	50-59	50+	32:16	8:04
90	Javies Ramirez	199	21	Unattached	Open	None	33:01	8:16
91	David Hurlbut	187	63	Unattached	60-69	None	33:54	8:29
92	Peter Gregory	174	49	Unattached	40-49	None	34:21	8:36
93	Bob Babbit	212	59	Unattached	50-59	None	35:09	8:48
94	Richard Williams	93	74	San Diego Track Club	70+	50+	36:05	9:02
95	Thomas Keegan	52	71	Unattached	70+	None	37:51	9:28

Open Mens Results

Place	Name	Bib	Age	Team	T-Di	Time	Pace
=====	=====	====	====	=====	====	=====	=====
1	Sergio Gonzalez	39	24	Running Center/BSK	Open	20:34	5:09
2	Dave Edwards	26	23	Running Center/BSK	Open	20:35	5:09
3	Sean Zanderson	180	31	Adidas/Movin Shoes	Open	20:39	5:10
4	Paul Wellman	90	32	Adidas/Movin Shoes	Open	20:42	5:11
5	Nazario Romero	74	36	Adidas/Movin Shoes	Open	20:50	5:13
6	Okwaro Raura	68	35	Running Center/BSK	Open	20:56	5:14
7	Fernando Blanco	175	31	Adidas/Movin Shoes	Open	21:23	5:21
8	Adam Coleman	19	25	Adidas/Movin Shoes	Open	21:32	5:23
9	Marco Venancio	85	25	Adidas/Movin Shoes	Open	21:41	5:26
10	Glenn Racz	66	30	Running Center/BSK	Open	21:47	5:27
11	Derek Bradley	16	30	The Lost Boys	Open	21:51	5:28
12	Mike Christman	18	32	The Lost Boys	Open	21:54	5:29
13	Dan Farmer	30	24	The Lost Boys	Open	21:55	5:29
14	Hector Hernandez	43	38	Adidas/Movin Shoes	Open	22:03	5:31
15	Michael Gonja	182	20	Unattached	None	22:04	5:31
16	Luis De La Vega	22	25	The Lost Boys	Open	22:09	5:33
17	Darius Bastani	7	28	The Lost Boys	Open	22:12	5:33
18	Brian Culley	21	39	The Lost Boys	Open	22:15	5:34
19	Sean McKeon	59	27	The Lost Boys	Open	22:22	5:36
20	Kosuke Amano	3	26	San Diego Track Club	Open	22:30	5:38
21	John Armour	4	34	San Diego Track Club	Open	22:32	5:38
22	Charlie Gamble	34	22	San Diego Track Club	Open	22:34	5:39
23	Steve Moxey	63	32	The Lost Boys	Open	22:45	5:42
24	David Kloz	53	35	Running Center/BSK	Open	22:47	5:42
25	Jesse Haynes	195	38	Unattached	None	22:47	5:42

26	Brandon Mills	62	30	Running Center/BSK	Open	22:55	5:44
27	Charles McKeown	60	28	The Lost Boys	Open	23:03	5:46
28	Victor Beda	11	25	The Lost Boys	Open	23:12	5:48
29	Arturo Canela	164	18	San Diego Mesa	None	23:16	5:49
30	James Adams	1	31	Running Center/BSK	Open	23:17	5:50
31	Jayson Fultz	184	38	Adidas/Movin Shoes	Open	23:20	5:50
32	Kevin Bowes	15	33	San Diego Track Club	Open	23:42	5:56
33	Wesley LaSogga	165	18	San Diego Mesa	None	23:50	5:58
34	Saule Rivera	186	33	San Diego Track Club	Open	23:52	5:58
35	Corey Miekosz	166	18	San Diego Mesa	None	25:00	6:15
36	Jose Valencoele	191	19	Unattached	None	25:14	6:19
37	Phillip Magos	178	18	Unattached	None	25:16	6:19
38	Nick Moultrie	200	21	Unattached	None	25:24	6:21
39	Jose Rivera	173	38	San Diego Track Club	Open	25:25	6:22
40	Isaac Lara	168	18	San Diego Mesa	None	25:27	6:22
41	Patrick Tilley	169	18	San Diego Mesa	None	25:50	6:28
42	Pedro Aguilar	171	22	San Diego Mesa	None	26:01	6:31
43	Trevor Lillengreen	172	14	Unattached	None	26:04	6:31
44	Jared Pasquarella	167	19	San Diego Mesa	None	26:22	6:36
45	Eliseo Lopez	189	20	Unattached	None	26:58	6:45
46	Anthony Avitia	194	18	Unattached	None	27:14	6:49
47	Scott Murray	196	43	Unattached	None	27:23	6:51
48	Moises Lopez	193	21	Unattached	None	27:50	6:58
49	Emmanuel Munez	190	22	Unattached	None	28:08	7:02
50	Javies Ramirez	199	21	Unattached	None	33:01	8:16

40 - 49 Mens Results

Place	Name	Bib	Age	Team	T-Di	Time	Pace
=====	=====	===	===	=====	====	=====	=====
1	Chris Hupfeld	46	41	Running Center/BSK	40+	21:49	5:28
2	Mike Hansen	41	43	Running Center/BSK	40+	22:27	5:37
3	James Towle	81	43	Running Center/BSK	40+	23:01	5:46
4	Pete Chenard	163	40	Unattached	None	24:09	6:03
5	Sean Fader	28	41	Running Center/BSK	40+	24:20	6:05
6	Matt Sheremeta	75	43	Running Center/BSK	40+	24:48	6:12
7	Gerard Reski	69	46	Running Center/BSK	40+	25:10	6:18
8	Marshall Varano	84	48	JH Cohn	None	25:18	6:20
9	Chris Baskerville	188	45	Unattached	None	26:00	6:30
10	Kevin Rine	185	44	Unattached	None	26:43	6:41
11	Manuel Ramirez	67	46	Bonita Roadrunners	None	26:45	6:42
12	Andy Thacher	80	47	San Diego Track Club	None	27:08	6:47
13	George Tubon	170	43	San Diego Mesa	None	27:50	6:58
14	Javier Rios	71	49	Bonita Roadrunners	None	31:43	7:56
15	Peter Gregory	174	49	Unattached	None	34:21	8:36

50 - 59 Mens Results

Place	Name	Bib	Age	Team	T-Di	Time	Pace
=====	=====	===	===	=====	====	=====	=====
1	Jim Walsh	88	50	JH Cohn	50+	23:07	5:47
2	Adam Weiner	89	51	JH Cohn	50+	24:00	6:00
3	Greg Wilson	94	58	Bonita Roadrunners	50+	24:27	6:07
4	David Boos	14	51	Unattached	None	24:33	6:09
5	Allen Turrietta	82	52	Bonita Roadrunners	50+	24:50	6:13
6	Thomas Hartmann	42	50	Running Center/BSK	None	25:16	6:19
7	Steve Lord	58	51	JH Cohn	50+	25:33	6:24
8	Sal Garcia	35	52	San Diego Track Club	50+	25:45	6:27
9	Stephen Burch	17	53	JH Cohn	50+	26:31	6:38
10	William Fain	29	54	JH Cohn	50+	26:40	6:40
11	Norberto Avila	5	52	Bonita Roadrunners	50+	28:16	7:04
12	Randy Stoppelmoor	78	52	Running Center/BSK	None	28:32	7:08
13	Brian Williams	92	54	JH Cohn	50+	28:44	7:11
14	Kurt Hallock	40	54	Bonita Roadrunners	50+	29:03	7:16
15	Robb Latimer	54	58	San Diego Track Club	50+	29:04	7:16
16	Paul Baumhoefner	8	58	San Diego Track Club	50+	30:01	7:31
17	Joe Crosswhite	20	53	JH Cohn	50+	32:16	8:04

60 - 69 Mens Results

Place	Name	Bib	Age	Team	T-Di	Time	Pace
1	Ron Wells	91	64	San Diego Track Club	50+	26:12	6:33
2	David Dunbar	24	60	Jamul Toads	None	26:50	6:43
3	Jan Kafka	49	63	San Diego Track Club	50+	28:13	7:03
4	Ron Enos	27	65	San Diego Track Club	50+	28:45	7:12
5	Peter Stern	77	65	San Diego Track Club	50+	30:14	7:34
6	Hal Goforth	37	66	San Diego Track Club	50+	30:54	7:44
7	Dennis Kasischke	50	64	San Diego Track Club	50+	32:09	8:03
8	David Hurlbut	187	63	Unattached	None	33:54	8:29

70+ Mens' Results

Place	Name	Bib	Age	Team	T-Di	Time	Pace
1	Richard Gauntner	36	70	San Diego Track Club	50+	28:54	7:14
2	Richard Williams	93	74	San Diego Track Club	50+	36:05	9:02
3	Thomas Keegan	52	71	Unattached	None	37:51	9:28

Team Scores for Mens' Open Division ... 5-score 8-displace

1. 27 Adidas/Movin Shoes (21:02 1:45:06)

1	3	Sean Zanderson	31	20:39
2	4	Paul Wellman	32	20:42
3	5	Nazario Romero	36	20:50
4	7	Fernando Blanco	31	21:23
5	8	Adam Coleman	25	21:32
6	(9)	Marco Venancio	25	21:41
7	(14)	Hector Hernandez	38	22:03
8	(26)	Jayson Fultz	38	23:20

2. 42 Running Center/BSK (21:20 1:46:39)

1	1	Sergio Gonzalez	24	20:34
2	2	Dave Edwards	23	20:35
3	6	Okwaro Raura	35	20:56
4	10	Glenn Racz	30	21:47
5	23	David Kloz	35	22:47
6	(24)	Brandon Mills	30	22:55
7	(25)	James Adams	31	23:17

3. 67 The Lost Boys (22:01 1:50:01)

1	11	Derek Bradley	30	21:51
2	12	Mike Christman	32	21:54
3	13	Dan Farmer	24	21:55
4	15	Luis De La Vega	25	22:09
5	16	Darius Bastani	28	22:12
6	(17)	Brian Culley	39	22:15
7	(18)	Sean McKeon	27	22:22
8	(22)	Steve Moxey	32	22:45

4. 115 San Diego Track Club (23:02 1:55:10)

1	19	Kosuke Amano	26	22:30
2	20	John Armour	34	22:32
3	21	Charlie Gamble	22	22:34
4	27	Kevin Bowes	33	23:42
5	28	Saule Rivera	33	23:52
6	(29)	Jose Rivera	38	25:25

Team Scores for Mens' 40+ ... 4-score 8-displace

1.	10	Running Center/BSK	(22:55	1:31:37)
=====					
1	1	Chris Hupfeld	41	21:49	
2	2	Mike Hansen	43	22:27	
3	3	James Towle	43	23:01	
4	4	Sean Fader	41	24:20	
5	(5)	Matt Sheremeta	43	24:48	
6	(6)	Gerard Reski	46	25:10	

Team Scores for Mens' 50+ ... 4-score 8-displace

1.	16	JH Cohn	(24:48	1:39:11)
=====					
1	1	Jim Walsh	50	23:07	
2	2	Adam Weiner	51	24:00	
3	5	Steve Lord	51	25:33	
4	8	Stephen Burch	53	26:31	
5	(9)	William Fain	54	26:40	
6	(12)	Brian Williams	54	28:44	
7	(19)	Joe Crosswhite	53	32:16	

2.	33	Bonita Roadrunners	(26:39	1:46:36)
=====					
1	3	Greg Wilson	58	24:27	
2	4	Allen Turrietta	52	24:50	
3	11	Norberto Avila	52	28:16	
4	15	Kurt Hallock	54	29:03	

3.	36	San Diego Track Club	(27:14	1:48:55)
=====					
1	6	Sal Garcia	52	25:45	
2	7	Ron Wells	64	26:12	
3	10	Jan Kafka	63	28:13	
4	13	Ron Enos	65	28:45	
5	(14)	Richard Gauntner	70	28:54	
6	(16)	Robb Latimer	58	29:04	
7	(17)	Paul Baumhoefner	58	30:01	
8	(18)	Peter Stern	65	30:14	