San Diego USATF Cross Country Championship Series The 2008 Asics Dirt Dog Series Go to the Membership Page for membership information. Call Paul Greer at (858)573-1500 for series information. Individual Scoring

* Runners scoring or winning awards in the Asics Dirt Dog Series must be a current San Diego USATF member and resident.

* USATF membership will be determined by downloading the San Diego Association roster from the USATF database on the Fridays before each race. If applications are mailed or delivered to the Association office, they must arrive in sufficient time for processing prior to downloading the roster. Memberships may also be obtained on line. For information on joining USATF, visit the Membership Page. To check membership statuses visit the USATF Membership page. For some races, applications may be taken at (and before) series races; competitors should not depend on this.

* There is no entry fee for the series (of course, you still must pay to enter the individual races).

* There are four divisions each for men and women: 39 & under, 40-49, 50-59, 60 & over.

* A runner's division for the series is determined by his or her age on the date of the Championship races (November 8, 2008). For example, a runner turning 40 on November 1, 2008 would compete as a 40-year-old for series scoring purposes for the entire series.

* Scoring for all divisions will be on a 100-90-81-73-66-59-53-48-43-39-35-32-29-26-23-21-19-17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 basis for the first seven races.

* The point value of the Championship is doubled, plus an additional one-point finisher (200-180-162...8-6-4-2-1).

* Runners must complete at least two races in the Asics Dirt Dog Series plus the Championship to be eligible for awards.

* A runner's total score for the series will be the score for the Championship plus the three best scores in other series races. If a runner completes only two races before the Championships the third race will be considered a 0.

* Highest scores win. Higher placing in the Championship race will break ties.

* The winners of each of the eight divisions in each race will earn Asics Dirt Dog Series Leader singlets. Recipients are encouraged to wear them at the next race.

* Runners who complete all races will be recognized as Iron Dogs.

* The Board of Directors of San Diego USATF will name a Jury of Appeal to resolve appeals of protests. Appeals must be raised within 10 days of posting the results.

Team Scoring

* Team competition will be scored in accordance with the Rules of Competition,

Rule 7.3 and 7.7, scoring by place. For men's open teams, the first five declared members of each team shall count in that team's score. For women's open teams, men's 40-49 teams, and men's 50+ teams, the first four declared members of each team shall count in that team's score. For women's 40-49 teams and women's 50+ teams, the first three declared members of each team shall count in that team's score. For both men's and women's teams, a maximum of eight runners may displace. Runners of incomplete teams will displace. For both men's and women's teams, a maximum of eight runners may displace. Runners of incomplete teams will displace. The following is from Rule 7.3 and 7.7:

o The team score shall be the total of the finishing positions of the scoring members. The team with the lowest total points is the team winner.

o Runners of incomplete teams (Note exception above); team entries not declared eligible for team scoring, and unattached or individual competitors would be eliminated from team scoring. Non-scoring declared members of complete teams should retain their finishing positions and thereby displace other runners.

o Athletes with high school or college eligibility are not eligible for team competition or cash awards.

o When separate competitions are conducted simultaneously, each shall be scored independently. Runners on teams not eligible for a given competition will be eliminated from team scoring in that competition.

o In the event of a tie between two or more individual runners, each shall score the number of points determined by dividing the total of the finish places by the number of runners who have tied.

o Ties between two or more teams shall be resolved by determining which team's last scoring member finished nearest to first place. If the tie still exists, the next to last scoring members are compared in the same way, etc.

* Each team must be a current member and resident of San Diego USATF. To check membership statuses visit the USATF Club Membership page.

* Each team member must meet the requirements for individual scoring listed above. If an individual does not meet the individual scoring requirements above (including running at least two races in the Asics Dirt Dog Series plus the Championship) they will not be scored for their team for the championship race.

* Team members must be declared before each race.

* Team members may be added to rosters during the series in accordance with USATF regulations through race 4 of the series (September 20, 2008), but not later.

* There are three divisions each for men and women's teams: Open, 40-49, and 50+ based on ages as of the Championship race (November 8, 2008).

* A member club may form an "A" team and a "B" team in any division and maintain a roster for each. Once on the team roster for either the "A" team or the "B" team, a runner may not switch teams.

* Runners in the 40 & over individual divisions may be team members on open teams. Once on the team roster for an open team, a runner may not be on the roster for a 40 & over team. If a series race contests masters divisions in a separate race, runners aged 40 & over will compete in the masters race and be scored in the team competition based on where their time in the masters race would have finished in the 39 & under race.

* Teams will score on a 20-14-10-7-5-4-3-2-1 basis for the first seven races.

* The point value of the Championship is doubled, plus an additional one-point finisher (40-28-20-14-10-8-6-4-2-1).

* Teams must complete at least three races in the Asics Dirt Dog Series plus the Championship to be eligible for awards.

* A team's total score for the series will be the score for the Championship plus the three best scores in other series races.

* Highest scores win. Higher placing in the Championship race will break ties.

* The Board of Directors of San Diego USATF will name a Jury of Appeal to resolve appeals of protests. Appeals must be raised within 10 days of posting the results.