



**Cuyamaca 5k**  
**November 3, 2007**  
**Race 7 of the 2007 Dirt Dog Series**  
**Dirt Dog Individual Results**



Name	Age	Div	Team	P1	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Brian Sullivan	27	M39-	MO BSK/RC	1	1	15:36	100	13						113	17
S Okwaro Raura	32	M39-	MO BSK/RC	2	2	15:40	90	90	90	90	90	48	90	270	3
Dima Lehonkov	23	M39-	MO BSK/RC	3	3	16:19	81	39	59	29	73	53		213	7
Chris Hupfeld	38	M39-	MO BSK/RC	4	4	16:33	73	35	43			13	43	159	11
Alex Piel	29	M39-	MO BSK/RC	5	5	16:43	66	21	35	23				124	15
Victor Beda	22	M39-	MO Mizuno	6	6	16:49	59	32	32	32	32	39		130	14
David Easa	33	M39-	MO BSK/RC	7	7	17:00	53	23	23	26	21	3	32	111	18
Thomas Setser	28	M39-	MO SDTC	12	8	17:37	48	14	19	17	14	8	26	93	19
Saulo Rivera	30	M39-	MO SDTC	14	9	17:45	43	15	15	19	11	5	23	85	24
Daniel Daft	37	M39-	Unattached	21	10	18:21	39		13	14	7			66	27
Jeffrey Rangan	27	M39-	MO SDTC	23	11	18:24	35		14	15	10			64	29
Kevin Monahan	37	M39-	MO SDTC	40	12	19:56	32				9	1		42	36
Jesse Armijo	25	M39-	MO Mizuno					100		100		100		300	1
Ozzy Alvarez	23	M39-	MO Mizuno							43	81	90	100	271	2
Paul Wellman	29	M39-	MO Adidas/MS					43	81	73	100	81		262	4
Nazario Romero	33	M39-	MO Adidas/MS					59	100		48	66	66	232	5
Sean Birren	34	M39-	MO BSK/RC					73		59	66	29	81	220	6
Jeremy Brown	27	M39-	MO Mizuno					66	73	66		43	53	205	8
Fernando Blanco	28	M39-	MO Adidas/MS							48	53		73	174	9
David Dominguez	32	M39-	MO Mizuno						66		59	35		160	10
Sean Zanderson	28	M39-	MO Adidas/MS							81		73		154	12
Brian Culley	36	M39-	MO Adidas/MS					48	48	39	43	14		139	13
Pete Chenard	37	M39-	MO Jamul Toads						53			21	48	122	16
James Fieberg	31	M39-	MO Mizuno						39		26	26		91	20
Thomas Burns	26	M39-	MO Adidas/MS									32	59	91	20
Bryan Wallbank	39	M39-	MO Jamul Toads									35	17	35	22
Prapat Bogush	36	M39-	MO BSK/RC							35	39	12		86	23
Sean Brosnan	30	M39-	Unattached					81						81	25
David Volk	30	M39-	MO Adidas/MS					29	26		15			70	26
Johnny Cordes	23	M39-	Unattached					19	29		17			65	28
Thomas Bache	35	M39-	MO SDTC					17	17	21	13	6	21	59	30
Daniel Gonia	19	M39-	Unattached									59		59	30
David Kloz	32	M39-	MO BSK/RC					10			6		39	55	32
Chris Capeau	22	M39-	Unattached					53						53	33
Sean McKeon	24	M39-	Unattached							53				53	33
Darius Bastani	25	M39-	Unattached									29	19	48	35
David Sanchez-Igancio	23	M39-	MO BSK/RC					26				11		37	37
Ben Nichols	36	M39-	MO Mizuno					11					19	30	38
Jason Lewis	33	M39-	MO Mizuno										29	29	39
Dan Scanderbeg	29	M39-	MO SDTC								19	9		28	40
Agustin Lebron	31	M39-	MO SDTC								8		17	25	41
Ross Dammann	30	M39-	MO BSK/RC					12	12					24	42
Ciro Melendez	36	M39-	MO Jamul Toads								23			23	43
David Edwards	20	M39-	Unattached									23		23	43
Hector Bernal	21	M39-	Jamul Toads						21					21	45
Jared Threw	18	M39-	Unattached									15		15	46
Gregg St. Cyr	29	M39-	Unattached										15	15	46



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Jonathan Dunbar	25	M39-	MO Mizuno										12	2	14	48
Carey Eckard	35	M39-	Unattached										11	0	11	49
Bernardo Bahena	19	M39-	Unattached											10	10	50
Justin Wolfe	32	M39-	MO SDTC											7	7	51
Jared Birchfield	34	M39-	MO SDTC											4	4	52
Daniel Mansfield	35	M39-	MO SDTC											0	0	53

Name	Age	Div	Team	P1	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Jim Walsh	47	M40+	MM JH Cohn	8	1	17:16	100			100		90		290	2
Adam Weiner	48	M40+	MM SDTC	11	2	17:35	90	100	100	90	81	73	100	300	1
Barry Heppell	42	M40+	MO Mizuno	13	3	17:39	81	81	73			23	66	235	5
Tom Berge	44	M40+	MM JH Cohn	15	4	17:58	73	59	53	59	48	26	35	191	8
Marshall Varano	45	M40+	MM JH Cohn	17	5	18:04	66		66		43	29	39	175	9
Gerard Reski	43	M40+	MM SDTC	18	6	18:07	59	66	81	73	100	66	90	271	3
Mark Sarno	46	M40+	MM JH Cohn	20	7	18:20	53	53	48		66	59	81	206	7
Scott LaPrath	44	M40+	MM SDTC	26	8	18:32	48	48	35			39	59	155	11
David Sanford	44	M40+	MM SDTC	30	9	18:50	43	43	32	53	35		48	144	13
Samuel Walling	46	M40+	Unattached	31	10	18:53	39		23		26			88	19
Sean Stevenson	42	M40+	MM JH Cohn	33	11	19:08	35		26			21		82	23
Antonio Melchor	46	M40+	MM Bonita RR	34	12	19:15	32	29	17	23	21			84	22
Andrew Thacher	44	M40+	MO SDTC	38	13	19:49	29	32	19	39	23	17	43	114	16
John O'Beirne	41	M40+	MM JH Cohn	39	13	19:54	26		14		17			57	28
Frank Williamson	43	M40+	Unattached	54	14	21:08	23			26	14			63	26
Norberto Avila	49	M40+	MM Bonita RR	77	15	25:05	21		12	17	11	10		50	29
Arno Sist	49	M40+	MM Bonita RR						59	21	59			139	15
Guy Perkins	45	M40+	MM SDTC					23		48	39	32	53	140	14
Scott Dazey	45	M40+	MM JH Cohn						29			43	73	145	12
Chris Baskerville	42	M40+	MM SDTC					39	43	66	53	48		167	10
David Spinler	48	M40+	MM SDTC					73	39	81	73	53		227	6
Sal Garcia	49	M40+	MM SDTC					90	90		90			270	4
Randy Stoppelmoor	49	M40+	MM JH Cohn							43	32	19	32	107	17
James Sheremeta	43	M40+	MO Adidas/MS									100		100	18
Manuel Ramirez	43	M40+	MM Bonita RR					26	21	32	29			87	20
Kevin Reindl	40	M40+	MO SDTC					35	15	35				85	21
Rich Brownsberger	44	M40+	MO Jamul Toads									81		81	24
Jose Fino	41	M40+	MO Jamul Toads							29	19	15	29	77	25
Alex Tamayo	41	M40+	MO SDTC					21	13		13	13	26	60	27
Charles Wilform	41	M40+	Unattached					19	11	19	12	12		50	29
Michael Haber	47	M40+	MM JH Cohn									35		35	31
Peter Gregory	45	M40+	Unattached						10			11		21	32
Randy Montesanto	44	M40+	MM JH Cohn								15			15	33
George Tubon	41	M40+	Unattached									14		14	34



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Name	Age	Div	Team	Pl	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Kevin Prochaska	50	M50+	MS SDTC	19	1	18:12	100	90	73	81	90	90	90	280	3
Luc Teyton	50	M50+	MS BSK/RC	22	2	18:23	90		100		59	48	66	256	5
G Carroll Pope	52	M50+	MS BSK/RC	28	3	18:43	81		81	100	81	100	81	281	2
Phillip Gabriel	51	M50+	MS BSK/RC	32	4	19:00	73	81	66	66	73	73		227	6
Les Shibata	52	M50+	MS SDTC	35	5	19:21	66	66	59	73	66	66	73	212	7
Andrew Vano	55	M50+	MS BSK/RC	45	6	20:30	59	43	35	48	29	43	59	166	8
Mike Rouse	55	M50+	Unattached	48	7	20:57	53		29		23	32		114	15
Paul Baumhoefner	55	M50+	MS SDTC	50	8	20:59	48	48		43	21	29	43	139	13
Ernie Mendez	50	M50+	MS JH Cohn	56	9	21:11	43				32	35	48	126	14
Steven Barros	50	M50+	MM Bonita RR	58	10	21:32	39	39	26		19	23		104	17
Stevie Kleinstuber	51	M50+	Unattached	64	11	22:07	35							35	21
Joe Crosswhite	50	M50+	MS JH Cohn	76	12	24:38	32		23		14			69	18
Martin Ellison	53	M50+	MS BSK/RC					100	90				100	290	1
Gregory Wagner	52	M50+	MM JH Cohn							90	100	81		271	4
Joseph Esposito	51	M50+	MS JH Cohn						53	59	48	53		165	9
Gary Aultz	53	M50+	MS BSK/RC					59	48	53				160	10
Kurt Hallock	51	M50+	MM Bonita RR					73	43		43			159	11
Brian Williams	51	M50+	MS JH Cohn					53	39		26	39	53	145	12
David Dunbar	57	M50+	MO Mizuno								53	59		112	16
Roger Depriest	50	M50+	MS Jamul Toads						32		17			49	19
Ian Cumming	56	M50+	MS Jamul Toads								39			39	20
Fletcher Thorton	54	M50+	MS Jamul Toads								35			35	21
Enrique Medina	54	M50+	MS SDTC									26		26	23
Mac Larson	59	M50+	Unattached						21					21	24
Dave Hunter	54	M50+	MS Jamul Toads								15			15	25

Name	Age	Div	Team	Pl	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Ronald Wells	61	M60+	MS SDTC	24	1	18:24	100		100		100	100		300	1
Hal Goforth	63	M60+	MS SDTC	46	2	20:34	90	100		100	81	90		290	2
Dennis Kasischke	61	M60+	MS SDTC	51	3	21:03	81		73	81		73		235	4
Jan Kafka	60	M60+	MS SDTC	60	4	21:51	73	90	90	90	90	81	100	280	3
Peter Stern	62	M60+	MS SDTC	61	5	21:53	66	81	53	66	59	59	81	228	5
Steven Brenneck	67	M60+	Unattached	66	6	22:13	59		66			66	90	222	6
Heliodoro Castaneda	60	M60+	MM Bonita RR	67	7	22:19	53	73	59	73	66			212	7
Ronald Enos	62	M60+	MS SDTC						81					81	8
Berek Fiszlewicz	60	M60+	MS Jamul Toads								73			73	9



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Name	Age	Div	Team	Pl	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Lesley Paterson	27	W39-	WO Mizuno	9	1	17:28	100		100		100	100	100	300	1
Ann-Marie Byrne	23	W39-	WO RC	16	2	17:59	90	100	90					280	2
Kimberly Mueller	31	W39-	WO SDTC	25	3	18:26	81							81	20
Kathryn Kasischke	31	W39-	WO JH Cohn	27	4	18:37	73		81	100	90	73		271	3
Melissa Kloz	32	W39-	WO BSK/RC	29	5	18:45	66	59	73	53	81	81	90	252	4
Tracy Wright	39	W39-	WO JH Cohn	36	6	19:32	59	35	35					129	15
Jennifer Eyerman	31	W39-	WO BSK/RC	37	7	19:41	53	53	48	59		48	81	193	7
Kelly Breckenridge	33	W39-	WO SDTC	42	8	20:15	48	39	26	66	59	43		173	9
Lisa Thompson	36	W39-	WO BSK/RC	62	9	22:00	43		21		35	29	53	131	14
Julie Woods	29	W39-	WO SDTC	65	10	22:08	39			48	53		73	174	8
Jennifer Denkins	29	W39-	WO JH Cohn							90	73	53		216	5
Zorica Rahovic	35	W39-	WO JH Cohn					66	66	81	66	59		213	6
Sophia Dammann	28	W39-	WO BSK/RC					90	59					149	10
Stephanie Bache	33	W39-	WO SDTC						19	43	39	32	59	141	11
Kylie Edwards	27	W39-	WO RC					48	43		48			139	12
Crystal Howard	34	W39-	WO BSK/RC					32	17	39	32	26	66	137	13
Kristin Farmer	38	W39-	WO JH Cohn						53			66		119	16
Jessica Hetzer	22	W39-	WO RC					73	39					112	17
Sarah Hart	31	W39-	WO JH Cohn							73		39		112	17
Tamara Lave	39	W39-	Unattached									90		90	19
Rachel Challis	31	W39-	WO BSK/RC					81						81	20
Kitty James	31	W39-	WO JH Cohn					43	32					75	22
Rachel Clayton	27	W39-	WO SDTC						23		43			66	23
Laura Griffin	33	W39-	WO BSK/RC					26	15			23		64	24
Judith Jimenez	21	W39-	WO JH Cohn						29			35		64	24
Joanna Whiteley	36	W39-	WO BSK/RC					29						29	26

Name	Age	Div	Team	Pl	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Lisa Pechin	40	W40+	WM Bonita RR	41	1	20:05	100	100	100	90	66			300	1
Terri Moylan	46	W40+	WM JH Cohn	44	2	20:29	90		81		100			271	4
Jennifer Haven	44	W40+	WM SDTC	47	3	20:54	81		73	100	90	90	100	290	2
Jane Aitchison	42	W40+	WM Bonita RR	49	4	20:57	73	81	66	73	53			227	6
Tracy Golba	46	W40+	WM JH Cohn	55	5	21:10	66				73	81	90	244	5
Karen Wheaton	40	W40+	WM SDTC	57	6	21:25	59	73	53					185	8
Michelle Esqueda	47	W40+	WM Bonita RR	69	7	22:42	53		43	48	32			144	11
Rose VanDuzer	49	W40+	WM SDTC	70	8	22:52	48				39		53	140	12
Janet Miller	49	W40+	WM Bonita RR	78	9	25:12	43	59	32		29			134	14
Toya Reavis	43	W40+	WO RC					90	90	81	81	100	81	280	3
Nancy Swanson	46	W40+	WM SDTC						59	59	43	73	59	191	7
Jaye Morris	43	W40+	WO RC					66		53		59		178	9
Erica Sist	42	W40+	WM Bonita RR						48	66	48			162	10
Lana Stevenson	47	W40+	WM JH Cohn						39		35		66	140	12
Stacy Jett	45	W40+	WM JH Cohn								59	66		125	15
Kellie Rolph	45	W40+	WM SDTC										73	73	16
Jai Black	45	W40+	Unattached						35					35	17



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Name	Age	Div	Team	Pl	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Kim Rouse	51	W50+	WM JH Cohn	43	1	20:19	100		100		100	100		300	1
Mary Ryzner	53	W50+	WM SDTC	68	2	22:20	90	90	90		90	90	100	280	2
Marian Schmidt	52	W50+	WM SDTC	71	3	22:54	81	81				73	90	252	4
Nancy Wahlig	52	W50+	WS SDTC	75	4	24:19	73	73	81	100	73	66		254	3
Anamaria Gilman	56	W50+	WM Bonita RR	80	5	26:35	66	59	66	73	66			205	7
Kim Satterlee	57	W50+	WS SDTC	81	6	27:02	59	53		81	59		81	221	6
Tina Breen	51	W50+	Unattached	82	7	27:43	53	48	59	66	53	59		184	8
Yvonne Robin Paine	57	W50+	WM SDTC						73		81	81		235	5
Megan Mohebbi	54	W50+	WS SDTC					66		90				156	9
Teri Fitzgibbons	58	W50+	Unattached					100						100	10

Name	Age	Div	Team	Pl	Div	Time	R7	R6	R5	R4	R3	R2	R1	OA	Rank
Virginia Lopez	67	W60+	WS SDTC	84	1	30:34	100	100	100	90	90			300	1
Martha Walker	71	W60+	WS SDTC	85	2	30:52	90	90	90	81	81	90	100	280	3
Eileen Pue	67	W60+	WS SDTC							100	100	100		300	1

Pl = Overall place in Race 7

Div = Place in individual division in Race 7

Time = Time in Race 7 for 5k

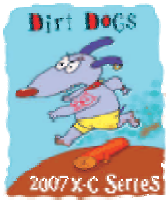
R1/R2/R3/R4/R5/R6/R7 = Individual dirt dog points in Races 1 - 7

OA = Overall individual dirt dog points (top 3 races)

Rank = Rank in individual division after 7 races

Only USATF members are included in scores

Individuals must complete 3 races + championship to be eligible for overall awards



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**Dirt Dog Team Results**



Mens Open Division	Points	Score	Cumulative
BSK/Running Center	10	20	60
Adidas/Movin Shoes		0	60
Mizuno		0	38
San Diego Track Club	41	14	35
Jamul Toads		0	7

Womens Open Division	Points	Score	Cumulative
JH Cohn		0	60
BSK/Running Center	21	20	60
San Diego Track Club	21	14	42
Running Center		0	24
Mizuno		0	0

Mens Masters 40+ Division	Points	Score	Cumulative
San Diego Track Club	22	14	60
JH Cohn	14	20	54
Bonita Roadrunners	49	10	34

Womens Masters 40+ Division	Points	Score	Cumulative
Bonita Roadrunners	15	14	60
JH Cohn	11	20	60
San Diego Track Club	19	10	48

Mens Seniors 50+ Division	Points	Score	Cumulative
San Diego Track Club	18	14	60
BSK/Running Center	18	20	60
JH Cohn		0	20
Jamul Toads		0	7

Womens Seniors 50+ Division	Points	Score	Cumulative
San Diego Track Club	6	20	60

Points = Combined place of top 3 (men) or 4 (women) on team

Score = 20 for lowest points, then 14, 10, 7 and 5. No score for incomplete team.

Cumulative = Combined score for top 3 races



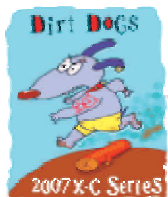
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**Dirt Dog Team Results**

Name	S	Age	Div	Team	Pl	Div	Points	Time
Brian Sullivan	M	27	MO	BSK/RC	1	1	1	15:36
S Okwaro Raura	M	32	MO	BSK/RC	2	2	2	15:40
Dima Lehonkov	M	23	MO	BSK/RC	3	3	3	16:19
Chris Hupfeld	M	38	MO	BSK/RC	4	4	4	16:33
Alex Piel	M	29	MO	BSK/RC	5	5		16:43
Victor Beda	M	22	MO	Mizuno	6	6	6	16:49
David Easa	M	33	MO	BSK/RC	7	7		17:00
Thomas Setser	M	28	MO	SDTC	12	8	8	17:37
Barry Heppell	M	42	MO	Mizuno	13	9	9	17:39
Saulo Rivera	M	30	MO	SDTC	14	10	10	17:45
Jeffrey Rangan	M	27	MO	SDTC	23	11	11	18:24
Andrew Thacher	M	44	MO	SDTC	38	12	12	19:49
Kevin Monahan	M	37	MO	SDTC	40	13		19:56

Name	Div	Age	Div	Team	Pl	Div	Points	Time
Jim Walsh	M	47	MM	JH Cohn	8	1	1	17:16
Adam Weiner	M	48	MM	SDTC	11	2	2	17:35
Tom Berge	M	44	MM	JH Cohn	15	3	3	17:58
Marshall Varano	M	45	MM	JH Cohn	17	4	4	18:04
Gerard Reski	M	43	MM	SDTC	18	5	5	18:07
Mark Sarno	M	46	MM	JH Cohn	20	6	6	18:20
Scott LaPrath	M	44	MM	SDTC	26	7	7	18:32
David Sanford	M	44	MM	SDTC	30	8	8	18:50
Sean Stevenson	M	42	MM	JH Cohn	33	9		19:08
Antonio Melchor	M	46	MM	Bonita RR	34	10	10	19:15
John O'Beirne	M	41	MM	JH Cohn	39	11		19:54
Steven Barros	M	50	MM	Bonita RR	58	12	12	21:32
Heliodoro Castaneda	M	60	MM	Bonita RR	67	13	13	22:19
Norberto Avila	M	49	MM	Bonita RR	77	14	14	25:05



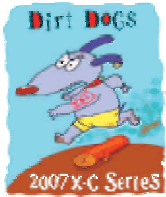
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**Dirt Dog Team Results**



Name	Div	Age	Div	Team	Pl	Div	Points	Time
Kevin Prochaska	M	50	MS	SDTC	19	1	1	18:12
Luc Teyton	M	50	MS	BSK/RC	22	2	2	18:23
Ronald Wells	M	61	MS	SDTC	24	3	3	18:24
G Carroll Pope	M	52	MS	BSK/RC	28	4	4	18:43
Phillip Gabriel	M	51	MS	BSK/RC	32	5	5	19:00
Les Shibata	M	52	MS	SDTC	35	6	6	19:21
Andrew Vano	M	55	MS	BSK/RC	45	7	7	20:30
Hal Goforth	M	63	MS	SDTC	46	8	8	20:34
Paul Baumhoefner	M	55	MS	SDTC	50	9		20:59
Dennis Kasischke	M	61	MS	SDTC	51	10		21:03
Ernie Mendez	M	50	MS	JH Cohn	56	11	11	21:11
Jan Kafka	M	60	MS	SDTC	60	12		21:51
Peter Stern	M	62	MS	SDTC	61	13		21:53
Joe Crosswhite	M	50	MS	JH Cohn	76	14	14	24:38

Name	Div	Age	Div	Team	Pl	Div	Points	Time
Lesley Paterson	F	27	WO	Mizuno	9	1	1	17:28
Ann-Marie Byrne	F	23	WO	RC	16	2	2	17:59
Kimberly Mueller	F	31	WO	SDTC	25	3	3	18:26
Kathy Kasischke	F	31	WO	JH Cohn	27	4	4	18:37
Melissa Kloz	F	32	WO	BSK/RC	29	5	5	18:45
Tracy Wright	F	39	WO	JH Cohn	36	6	6	19:32
Jennifer Eyerman	F	31	WO	BSK/RC	37	7	7	19:41
Kelly Breckenridge	F	33	WO	SDTC	42	8	8	20:15
Lisa Thompson	F	36	WO	BSK/RC	62	9	9	22:00
Julie Woods	F	29	WO	SDTC	65	10	10	22:08





**Cuyamaca 5k**  
**November 3, 2007**  
**Race 7 of the 2007 Dirt Dog Series**  
**Dirt Dog Team Results**



Name	Div	Age	Div	Team	Pl	Div	Points	Time
Lisa Pechin	F	40	WM	Bonita RR	41	1	1	20:05
Kimberlee Rouse	F	52	WM	JH Cohn	43	2	2	20:19
Terri Moylan	F	46	WM	JH Cohn	44	3	3	20:29
Jennifer Haven	F	44	WM	SDTC	47	4	4	20:54
Jane Aitchison	F	42	WM	Bonita RR	49	5	5	20:57
Tracy Golba	F	46	WM	JH Cohn	55	6	6	21:10
Karen Wheaton	F	40	WM	SDTC	57	7	7	21:25
Mary Ryzner	F	53	WM	SDTC	68	8	8	22:20
Michelle Esqueda	F	47	WM	Bonita RR	69	9	9	22:42
Rose VanDuzer	F	49	WM	SDTC	70	10		22:52
Marian Schmidt	F	52	WM	SDTC	71	11		22:54
Janet Miller	F	49	WM	Bonita RR	78	12		25:12
Anamaria Gilman	F	56	WM	Bonita RR	80	13		26:35

Name	Div	Age	Div	Team	Pl	Div	Points	Time
Nancy Wahlig	F	52	WS	SDTC	75	1	1	24:19
Kim Satterlee	F	57	WS	SDTC	81	2	2	27:02
Virginia Lopez	F	67	WS	SDTC	84	3	3	30:34
Martha Walker	F	71	WS	SDTC	85	4		30:52

Top 4 men or 3 women score points. Up to 8 team members displace.

Pl = Overall Place in Race 7

Div = Place in Team Division in Race 7

Teams must score in 3 races + championship to be eligible for awards.